



Martin County West

Connected to the Past, Celebrating the Present, Cultivating the Future

Dear Maverick Families,

On Election Day this year, 1,772 residents of the Martin County West School District went to the polls to vote on the proposal for a new school building. This is a 65.4% turnout for voters in a special election just about the future of our school buildings. This is astonishing and well beyond all the projections for turnout based on previous school district elections. Thank you to each one of you who took the time to exercise your right to vote! No matter how you voted, your time and effort to share your opinion on the future of our school district is appreciated.

When all votes were counted, the proposal was not approved by voters. Just 50 more people voted no than voted yes. Over the next weeks, the school board will sift through the data we gathered to determine what such a close margin means and how we proceed now as a school district. All the issues with our budget and the conditions and adequacy of our school buildings still exist so we must find solutions for our current and future Maverick students, staff, and community.

What impressed me about the days leading up to the election was the passion for and commitment to our school district community. There are so many people in this community who love living here and are proud to be Mavericks. People may have disagreed about what the best pathway forward was and that

is perfectly normal. Good people can learn the facts and draw different conclusions. The task for the school district is still to find the plan forward that a majority of people can support.

No one knows yet what that best plan forward is. There are lots of different options, ideas, and opinions out there right now for school board members to think about as we regroup. I am confident there will be opportunities for everyone to give input as planning what comes next progresses.

I woke up the day after the election and thought "We're all still Mavericks." I walked through all our schools and talked with many students and staff that day. There were many different feelings but the main one I sensed amongst our staff was a determination to keep doing their part to carry out the MCW mission to "provide an engaging education that nurtures learners who are confident critical thinkers prepared to contribute to an ever-changing world." We are all still rock-solid in our commitment to our students and our desire to provide them with the best possible education. That is a very solid foundation on which to build our future together.

Proud to be a Maverick,
Cori Reynolds, Superintendent

Important Dates:

- > November 20– School Board Meeting
- > November 23-24–Fall Break
- > November 27 - Teacher Workshop
- > December 8–Midquarter
- > December 18–School Board Meeting
- > December 25-29– Winter Break
- > January 2–School Resumes
- > January 19–End of 2nd Quarter

Inside this issue:

Jr/Sr High	2
Trimont Elementary	3
Sherburn Elementary	4-6
Community Education	7-8
Reading Specialist	9
FFA/Ag Department	10
Lunch Menus	11-12



MCW JR/SR High School November Newsletter

November Dates to Remember

- Quarter 1 End, November 3rd. Report cards sent home on November 10th.
- Early Dismissal on November 3rd. Shuttle buses will run between schools at 12:15, Home route buses will leave schools at 12:30.
- Parent Teacher Conferences at Jr/Sr High School November 16, 4p-8p
- Fall Break for Students - Nov 23-27 (Teacher Workshop on the 27th)

2023-2024

No School Days

- Early Dismissal - Nov 3
- Fall Break - Nov 23-24
- Teacher Workshop - Nov 27
- Winter Break - Dec 22 - Jan 1
- Early Dismissal - Jan 19
- Staff Workshop - Jan 22
- Presidents Day - Feb 19
- Early Dismissal - Mar 27
- Spring Break - Mar 28 - Apr 2
- Memorial Day - May 27
- Teacher Inservice - May 31

Hello MCW Families, On November 3rd, 1st Quarter of the school year will end! Students should be settling in and setting their pace for the remainder of the school year. First quarter grades do not represent the final first semester grade for a course but it is a building block for it. Now is a great time to sit down with your student and have a “talk” about how the school year is going, what is going well and what is not. If your “talk” results in concern, know that our teachers at the Jr/Sr High School are here to help! Parent-Teacher Conferences are scheduled for November 16th from 4p-8p but they can also be reached via email or phone. Do not hesitate to reach out yourself or encourage students to meet with teachers before or after school or other times during the day that they are available. Another great option for students would be a quick meeting with Mr. Neduzak, the MCW Academic Dean. Hopefully, your “talk” with your student is a good one, but if not, know that there are supportive options that teachers and Mr. Neduzak can provide if more is needed to support learning for your student. GO MAVERICKS! ~Autumn Welcome

Blood Drive – An American Red Cross blood drive is scheduled for November 8th from 8a-2p. Sign up today with Mr. Neduzak by calling 507-764-4661. Student assistants are eligible for an American Red Cross Scholarship if the appointment quota is met, so do two good things; give much needed blood and move our students closer to scholarship eligibility!

Parent/Teacher Conferences – Parent/Teacher conferences are Thursday, November 16 from 4p-8p at the Jr/Sr High School. Staff will be available for in-person conference. If you can not make that evening work, reach out to teachers via email, phone or Zoom. Your attendance is valued and appreciated and is an integral aspect of your child’s success at school.

Winter Activity Practices Starting – Gymnastics & Girls Basketball start November 13th. Boys basketball & wrestling start on November 20th.

Veterans Day – November 11th (Saturday) is Veterans Day. To honor Veterans, MCW will be hosting its annual Veterans Day Program at the Jr/Sr High School gym on MONDAY, NOVEMBER 13th at 9AM. The community and all local veterans are invited to attend.

November Fundraisers – November 14 - December 8, Seniors will be selling Lolabird Bedsheets. The profits will be used to fund senior students’ senior trip.

American Education Week - November 13 - 17, this is a week that honors the teams of people who work in our nation’s public schools, everyone from the bus driver and classroom teacher to the cafeteria worker and administrative staff, plus countless others. We thank all of these people that serve in these educational positions at MCW.

School Play - Participating students and staff have been rehearsing their roles for the school fall musical, *The Little Mermaid*. The performance can be observed at the Sherburn Theater from November 17th - November 19th. Evening performances on Friday and Saturday will be performed, afternoon matinees on Sunday. Ticket prices: Adults \$7, Students \$5, PreK \$Free

MCW Dollars for Scholars – Deadline to apply is March 15, 2024, but it is never a bad idea to get a head start on the application process. Seniors should begin the process of creating or updating their student profile to be eligible for scholarships next spring at the May banquet or find other affiliate scholarships on the MCW Dollars for Scholars Website: https://mcw.dollarsforscholars.org/index.php?section=chapterWebsite&action=student_parent&fwID=906

Student Sick? Know When to Stay Home and When to Come to School?

- Stay home for fevers >100.3, diarrhea, vomiting, & coughs that disrupt breathing/activities.
- Come to school if naturally fever free, no diarrhea, & no vomiting for 24 hours.

Stay Informed - Visit the **District webpage** at www.martin.k12.mn.us/ Please check in regularly for updates. And, LIKE US on Facebook at <https://www.facebook.com/mcwJHSHschool>



Trimont Elementary

November, 2023

Dates to Remember:

November 3 – End of Q1

November 9 and 16 –
Parent Teacher Conferences
4-8 p.m.

November 23-24 –No
School Fall Break

November 27 – No School
(teacher workshop)

**Trimont Elementary
School Office**
Hours 7:30am - 4:00pm.



Follow us on Facebook
at [MCW Trimont Elementary](#) |
[Facebook](#)

Dear MCW Families,

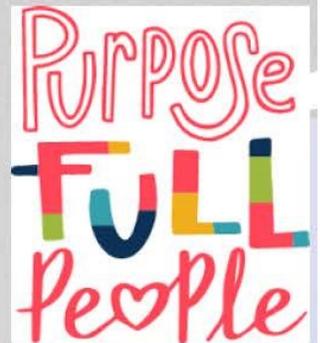
We are thankful for you being part of our school community! The world is changing quickly and we want to do everything we can to help students be successful in school and life.

We are excited to tell you that we will be using a program called **PurposeFull People** this year. This program teaches skills that will help students be successful in school and in life.

We believe that students should have safe, predictable places to learn where they feel included. Students should have healthy and helpful connections with teachers and classmates. They should also experience learning that will help them tackle challenges inside and outside of school. *PurposeFull People* is more than a set of lessons - it is a partnership between schools and families to create a place where students feel like they belong and learn skills that will help them be the best they can be!

Purposefull People has three main goals for students: Be Kind, Be Strong, and Be Well.

- **Be Kind:** Social skills like listening, friendship, solving conflicts, and leadership. These skills are taught alongside *Empathy, Respect, & Cooperation*
- **Be Strong:** Skills that help students focus, stay organized, and set goals. These skills are taught alongside *Responsibility, Courage, & Perseverance*
- **Be Well:** Skills that help students handle their emotions and deal with stress. ○ These skills are taught alongside *Gratitude, Honesty, & Creativity*



This year, you'll be invited to join the fun! We will send letters home about the skills and strengths being taught each month. Each letter will include some ways to build these skills at home, discussion starters, and fun challenges you can try with your family. The path forward is full of growth! We cannot wait to partner with you in this work...

- To teach students how to build strong friendships
- To work together to solve problems, big and small
- To grow skills for life
- To become PurposeFull People

With Gratitude,

Trimont Elementary Staff

Sherburn Elementary November Newsletter

Character Trait

GRATITUDE

is choosing to appreciate the people and things in our lives

Grateful People

Overview

We are looking forward to focusing on Gratitude this month! One way to think about Gratitude is “choosing to appreciate the people and things in our lives.” Practicing Gratitude can increase our well-being and our happiness. Gratitude is 1 of 3 traits we will focus on throughout the year that helps students Be Well. Throughout the school, students will be developing skills like emotion regulation, positive self-talk, and stress management.

In the Classroom

Naming our emotions is an important first step to managing our emotions. This month, students will focus on identifying their emotions using the Emotion Elements below:

Emotion Elements

- Bree represents feeling silly, nervous, playful, or distracted.
- Brooks represents feeling sad, lonely, tired, or embarrassed.
- Ember represents feeling angry, frustrated, excited, or scared.
- Terra represents emotions like calm, focused, proud, or happy.

Try using the Emotion Elements as a family to name your emotions!



Conversation Starters

What does Gratitude mean to you?
Why is it important to understand and name our emotions?



Pursuit #1

What are some small, specific things that you are Grateful for? Maybe it is your favorite water cup, the way the cat sleeps on the chair, or when your grandma bakes banana bread. Spend some time as a family trying to think of at least 10 small things that you have Gratitude for and then choose to notice them this week with a smile.





Sherburn Elementary November Newsletter

End of the Quarter

On November 3rd, quarter one will be complete. Report cards will be sent out to families on November 8. Please look the report cards over and seek clarifications if needed from classroom teachers.



Parent - Teacher Conferences

On November 9th and 16th, parent - teacher conferences will be held at the elementary school. The conference times will be from 4pm to 8pm. Watch for communication from your child's teacher to arrange a conference time.

Conferences are a great opportunity to discuss your student's progress as well as develop future plans to increase successes.



Upcoming Dates

11/3/23 - End of Quarter I

11/3/23 - Early Dismissal Staff Workshop, Shuttle Buses 12:15, Route Buses 12:30

11/9/23 - K-6 Parent Teacher Conferences 4p - 8p

11/16/23 - K-12 Parent Teacher Conferences 4p - 8p

11/23 & 11/24 - Fall Break, No School

11/27/23 - Teacher Workshop, No School



No School Dates

November 3rd there will be at 12:15pm early dismissal, no afternoon school.

November 23-24th is fall break, no school for students all day for both days.

November 27 - Teacher

Workshop



Stay informed.....

The District webpage, <https://www.martin.k12.mn.us/> will serve as a hub for all things related to returning to school and changes in plans throughout the school year, please check in regularly for updates. Another informative connection point is our Facebook page at <https://www.facebook.com/sherburnelementary> LIKE US!





Sherburn Elementary November Newsletter

American Education Week

November 13 - 17, this is a week that honors the teams of people who work in our nation's public schools, everyone from the bus driver and classroom teacher to the cafeteria worker and administrative staff, plus countless others. We thank all of these people that serve in these educational positions at MCW.



School Play

The 1st and 2nd grade will be watching the first act of the high school fall musical, *The Little Mermaid* at the Sherburn Theater on Friday, November 17th at 1:00pm.



Martin County West

Community Ed & Rec

November 2023

Falling into ECFE

Martin County West Early Learning is "Falling Into ECFE" this month. Classes meet in the Preschool room at Trimont Elementary School with Miss Jennifer. Time is spent learning large and fine motor skills, colors, numbers and social skills. Families are encouraged to attend as many class sessions as you would like. Programming is designed for families to attend together and take time to play and learn.

Classes meet on Tuesday evenings at 5:45 and Wednesday mornings at 9:00. Register on SchoolPay!



Soar into 4-H

LEARN ABOUT ENGINEERING THROUGH HANDS-ON ACTIVITIES!

ROBOTICS, ENGINEERING DESIGN, ELECTRICITY, AND MORE

WHO: GRADES 1-3

WHEN: 3:30 - 5:15 P.M. ON NOV. 27, DEC. 18, JAN. 25, FEB. 29, MARCH 21

WHERE: MCW BOARD ROOM (SHERBURN)

REGISTER

z.umn.edu/MCProgramming



Register for one, some, or all dates. A minimum of 8 participants are needed to hold each event. There is a maximum of 20 participants per date. Preference is given to students signed up 10 days prior to each session.

A small snack will be provided.

Transportation from/to Trimont is available

QUESTIONS?

[Hannah Neil hneil@umn.edu](mailto:Hannah_Neil@umn.edu)



Martin County West Community Education and Recreation is excited to announce our Summer Theater Program returns July 21, 2024!

Storybook Theatre is a professional touring theatre company serving the upper Midwest, bringing extraordinary theatrical experiences that educate, challenge, and inspire young artists through summer and school-year programs!

Storybook Theatre brings a variety of original musical adaptations of classic tales. We strive to bring high-quality theatrical productions to your community! Learn more about Storybook Theater at www.storybooktheatermn.com.

Coming up...



Winter Arts & Crafts

Register on SchoolPay to create up to 4 art projects! Class space is limited, so sign up early!

Conscious Kids and Art programming provides a space and time for kids to create, explore, and play through the Arts. Kindergarten-6th grade students choose to create paintings, ceramics, or ornaments while tapping into their 5 senses. By exploring their senses students bring awareness back into their bodies and feel more grounded in the moment. The focus of this program is to allow kids to gain their identity with the arts in hopes to cultivate balanced kids and nurture emotional wellbeing.

GET TO KNOW YOUR SEWING MACHINE



Join us for an exciting session where we'll explore the basics of sewing machine operation, learn about the various parts of a sewing machine, and discover new skills. November 21 from 7:00 to 9:00 PM at the Jr/Sr HS Food's Room

Please bring: Your sewing machine with basic attachments/bobbins, scissors, pins, 1/2 yard cotton fabric, thread to match and 2 pounds of inexpensive "real" rice.

Program fee is \$35.00 and registration is available on SchoolPay. This class is appropriate for those 10 years old to 110!

THERE ARE A COUPLE OF SEWING MACHINES AVAILABLE. FIRST COME, FIRST SERVE.

PreK-6th Grade Wrestling

Red Bull Wrestling will be getting underway on November 13. Wrestling practice will be held at Sherburn Elementary School and Fairmont High School on Monday and Thursday evenings. Practice continues through February 22nd. Registration is still available. Check out the SchoolPay app for more information and to get your PreK through 6th grader signed up.

The Red Bull Wrestling program offers a supportive, constructive and energetic environment to learn wrestling and great life skills.



the best gifts are handmade

Join on December 5th and December 7th from 7:00 to 9:00 PM to create a pair of Holiday Pajama Pants! Classes to be held at the Jr/Sr HS Food's Room.

You will need: Basic pattern for the size you wish to make (Sew Simple, One Hour). The amount of fabric as specified on the pattern, Thread to match 3/4-1 inch elastic (non-roll is most comfortable) Sewing pins and scissors, and your sewing machine.

The program fee is \$35.00 and you can register on SchoolPay.



-The November Reading Review-

From the Reading Intervention Specialist Team



TIPS!

Reading at home is very important! Here are some guidelines to help be successful when reading at home with your child!

1. Sit next to your child! This allows your child to know you are present with them.
2. Make it part of the routine at home. Take 15-20 minutes to read out loud together each night!
3. Have your child read out loud. Reading out loud improves fluency!
4. Setting aside the technology and read together! Your kids will love that bonding time together!
5. Ask them questions along the way. "Hey what do you remember from the story?" "Who are the main characters?" "Was there a problem in the story, how did they solve it?"

MORE INFORMATION

Did you know??

When your student reads 20 minutes outside of the school day they are gaining 3,600 minutes per school year. They read 1,800,000 words per year!

Reading out loud can be an extremely tough skill to complete as school age kiddo, however reading out loud and fluency are directly related! Have your kiddo read to you vs by themselves!

CHECK OUT THESE TITLES!

Books on Gratitude:

- *"The Secret of Saying Thanks by Douglas Wood*
- *"The Paper Kingdom by Helenu Ku Rhee*

Fall Favorites:

- *"The Scarecrow" By Beth Ferry*
- *"Turkey Trouble" By Wendi Silvano*
- *"Thanksgiving Rules" By: Laurie Friedman*

Other Great Reads:

- *"The Legend of Rock, Paper, Scissors" By: Adam Rex*



Questions or Feedback:
kaylaze@mcwmavericks.org



MCW FFA and Ag Department

Fruit Sales Delivery - Note: Will occur on November 27th, no school that day!

We anticipate that FFA fruit will be delivered to MCW on Monday, November 27th. **All fruit/meat/cheese/Butter Braids need to be picked up by students/parents that day.** This is a staff inservice day, so students will not be in school.

If you cannot deliver it that day, you need to make arrangements to keep it refrigerated or frozen (Butter Braids and pizza). FFA members will receive a link to sign up for a pickup time after noon on the 27th.

Career Development Events

MCW hosted four Region 6 CDE competitions in October. The MCW Forestry team placed 1st in the region, the Horse Evaluation CDE team placed 1st, and the Soils CDE team placed 1st in the region. Congratulations!!!

Upcoming Events

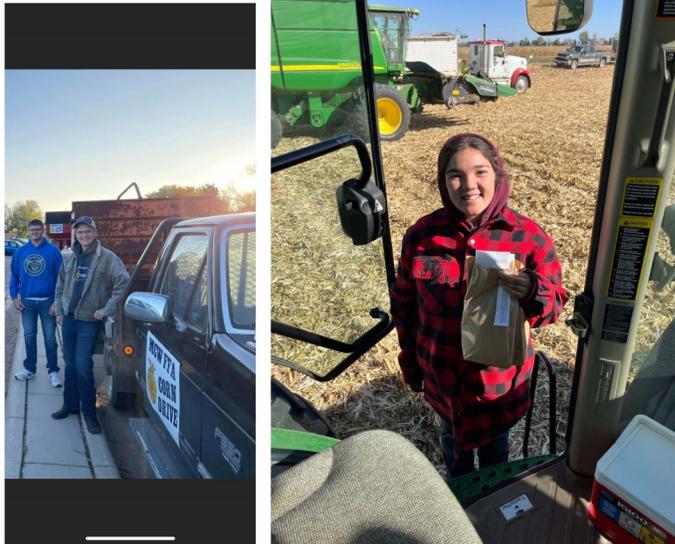
November 15th - Region Milk Quality and Food Science CDEs

November 27th - Fruit Delivered to MCW

December 6th - High School FFA shops for Maverick Christmas

December 11th - Junior High & High School FFA wraps presents for Maverick Christmas

December 12th - Region LDE's - Parliamentary procedure, novice parliamentary procedure, public speaking, extemporaneous speaking, creed, discussion meet



Monday

Tuesday

Wednesday

Thursday

Friday

*Elementary
**High School

		<p>Cereal 1 Fruit Choice Juice Choice Milk</p>	<p>Biscuits/Gravy 2 Fruit Choice Juice Choice Milk</p>	<p>Frudel Bars 3 Fruit Choice Juice Choice Milk</p>
<p>Yogurt Parfait 6 Fruit Choice Juice Choice Milk</p>	<p>Egg/Toast 7 Fruit Choice Juice Choice Milk</p>	<p>Cereal 8 Fruit Choice Juice Choice Milk</p>	<p>French Toast Sticks 9 Fruit Choice Juice Choice Milk</p>	<p>Cinnamon Streusel Cake 10 Fruit Choice Juice Choice Milk</p>
<p>Assorted Muffins 13 Fruit Choice Juice Choice Milk</p>	<p>Breakfast Sandwich 14 Fruit Choice Juice Choice Milk</p>	<p>Cereal 15 Fruit Choice Juice Choice Milk</p>	<p>Pancake on a Stick 16 Fruit Choice Juice Choice Milk</p>	<p>Banana Bread 17 Fruit Choice Juice Choice Milk</p>
<p>Breakfast Pizza 20 Fruit Choice Juice Choice Milk</p>	<p>Cinnamon Roll 21 Fruit Choice Juice Choice Milk</p>	<p>Cereal 22 Fruit Choice Juice Choice Milk</p>	<p>No School 23 Thanksgiving Break</p>	<p>No School 24 Thanksgiving Break</p>
<p>No School Teacher In-Service 27</p>	<p>Cream Cheese Bagels 28 Fruit Choice Juice Choice Milk</p>	<p>Cereal 29 Fruit Choice Juice Choice Milk</p>	<p>French Toast Sticks 30 Fruit Choice Juice Choice Milk</p>	



Breakfast is free to all students if they take the required items. Breakfast include choice of fruits/veggies, meat/ meat alternates, grain, & milk. Must choose 3 items, one being fruit or veggie, to count as a complete breakfast. Grains are at least 51% whole grain. Milk is low-fat or fat free plain or fat free flavored
Fresh and/or canned fruits and 100% fruit juices are offered every day.
Cold cereal is offered every day

Monday

Tuesday

Wednesday

Thursday

Friday

*Elementary
**High School



Pasta with Meat Sauce **6**
Garlic Bread
Seasoned Peas
Fruit Choice
Cheese Stick

Hot Dog/Bun **7**
Potato Wedges
Cooked Carrots
Fruit Choice

Cheese Calzone **1**
Dipping Sauce
Green Beans
Fruit Choice

Chili **2**
Corn Bread
Cheese Stick
California Blend
Fruit Choice

Sub Sandwiches **3**
Assorted Topping
Corn
Chips
Fruit Choice

Early Out

Popcorn Chicken **13**
Mashed Potatoes/Gravy
Corn
Fruit Choice
Dinner Roll

Cheesy Omelet **14**
Cinnamon Roll
Cooked Carrots
Orange Juice
Fruit Choice

Hot Ham and Cheese **15**
Scalloped Potatoes
Seasoned Peas
Fruit Choice

Pizza **16**
Green Beans
Fruit Choice

Roast Turkey **17**
Mashed Potatoes/Gravy
Stuffing
Corn
Fruit Choice
Dinner Roll

Chicken Alfredo **20**
Rotini Noodles
Steamed Broccoli
Fruit Choice
Breadstick

Italian Dunkers **21**
Dipping Sauce
Cooked Carrots
Fruit Choice
Apple Crisp

Chicken Patty/ Bun **22**
Baked Beans
Cole Slaw
Fruit Choice

No School **23**
Thanksgiving Break

No School **24**
Thanksgiving Break

No School **27**
Teacher In-Service

Chicken Strips **28**
Mashed Potatoes
Gravy
Corn
Fruit
Dinner Roll

Hamburger/WG Bun **29**
Oven Fries
California Blend
Fruit Choice

Nachos **30**
Seasoned Beef
Fiesta Beans
Fruit Choice



Lunch Notes: All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light. Milks are low fat or fat free. Fresh and canned fruits are available every day. Meals are free for students ONLY if they take the required components. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices.