



Martin County West

Connected to the Past, Celebrating the Present, Cultivating the Future

Dear Maverick Families,

We're almost to that magical time of year: the beginning of a new school year. If you haven't started yet, it's about time to gather the school supplies, find out which school clothes still fit, and get bed, wake up, and meal times closer to the school year schedule. The later pages of this very newsletter will tell you what time to be ready to get the kids on the bus this year. Welcome to the 2024-2025 school year!

Not only has our staff been very busy this month getting ready for the new school year, we've also been working on plans for a few years into the future when the new school building is completed and ready for its first school year. As the plans for how the building will sit on the site and how the space inside the building will be configured are getting more refined and detailed, the timeline for all this is becoming more clear.

The bonds that voters approved in May were sold last week. That sale was very successful for the school district and all of us taxpayers. The winning bidder offered an interest rate of 3.6741% and over \$5 million in additional funds (called premium) that taxpayers do not have to pay back. These terms will save taxpayers almost \$200,000 each year for the 20 year term of the bonds. In addition, this lower than expected interest rate means taxpayers will pay almost \$4 million less in interest over the life of the bond. As I said above, the sale was

very successful for Martin County West Schools.

After talking with community members on the Core Design Team and the school district staff this summer, the architects and engineers are getting closer and closer to having the building plans to the first stage of approval called Schematic Design. We expect those to come before the school board sometime this fall. The plans will progress through the Design Development and Construction Documents phases throughout this coming winter. Bidding on all the different aspects of the project will happen in the spring of 2025. I expect to have a big celebration before the end of this school year to break ground on the project. That puts us on schedule to be opening the new building for its first school year in the fall of 2027. You can plan on us having another big celebration for that, too!

I wish you and your family the best as you enjoy this last weekend of summer and prepare for the new school year. We are so excited to have everyone back and look forward to seeing everyone to get this year off to a great start!

In partnership for education,
Cori Reynolds
Superintendent

Important Dates:

- > August 30—7th grade and new student orientation at the Jr/Sr High
- > September 2—Labor Day
- > September 3-4—Elementary Back to School Conferences
- > September 3—Classes Begin for grades 7-12
- > September 5—All grades K-12 in session
- > September 16—School Board Meeting
- > September 27—Homecoming
- > October 3—Midquarter
- > October 17-18—MEA—No School
- > October 21—Teacher Workshop—No School

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MCW JR/SR High School

September 2024 Newsletter

Dates to Remember

*1st Day of School
Grades 7-12 Sept 3

*Homecoming Week
Sept 23 - 27, football
game on Friday, Sept
27th at 7:00 p.m.

2024-2025

No School Days

- MEA Oct 17-18
- Teacher Workshop
Oct 21
- Early Dismissal
Nov 8
- Fall Break Nov
27-29
- Teacher Workshop
Dec 20
- Winter Break Dec
23 - Jan 1
- Early Dismissal Jan
24
- Presidents Day Feb
17
- Staff Workshop
Mar 7
- Early Dismissal
Mar 28
- Spring Break Apr
18 - Apr 21
- Teacher Workshop
May 23
- Memorial Day May
26
- Last Day of School
May 30



**Stay Informed by
visiting the District
webpage,**

<https://www.martin.k12.mn.us/> and LIKE US!
on our Facebook page at
<https://www.facebook.com/mcwJHSHschool>

MCW Families, Welcome back to the 2024-2025 school year! We're excited to embark on another year of learning, growth, and memorable experiences together. Let's make this year one of our best yet! It's a great day to be a Maverick! ~Autumn Welcome, Principal

Jr High School Supplies List - Found at <https://www.martin.k12.mn.us/Page/71>

Fall Sports Eligibility - Fall sports eligibility is based on students' fourth quarter grades from '23-24 school year. Students need to pass all classes to be eligible to participate in fall sports. Students not meeting these requirements will miss ¼ of the regular season for the sport they participate in, their grades will be checked again at mid-quarter. Students with incompletes will remain ineligible until a passing grade is earned.

Student/Parent Handbook - Found [HERE](#) on the district website. The handbook provides information on school practices and expectations. Please look it over with your student! Common handbook violations are dress code, cell phone usage and attendance. Remember:

- Students come to school to learn, it is hard to learn when distracted from a cell phone or headphones/airpods. Students who choose to not follow cell phone & headphone/airpod expectations are subject to the following:
 - Staff confiscations for class period or remainder of the day.
 - Cell Phone Office Referrals:
 - #1 Office Referral - Remains in office for the remainder of the day.
 - #2 Office Referral - Repeat #1, Detention & parent contact.
 - #3 Office Referral - Repeat #2, Parent picks up the device.
 - #4 Office Referral - Repeat #3, Additional disciplinary action may be added.
- Students come to school to learn social practices and expectations that will apply to their future academic and employment futures. All institutions, academic and employment related have expectations for dress, technology usage and respect for others.
- Students can't learn if they are not here. Did you know that a student that is chronically absent is a risk for dropping out and students that drop out are at risk for being unemployed, having substance abuse issues, being teen parents and being involved with the law?

Please help us at school enforce these policies for the best outcome for student learning.

School Picture Days - Tuesday, September 17th and Tuesday, October 22nd (retakes). **DO NOT** wear green. Pictures will be available to order online once taken and shipped to your home.

Senior Chili Feed - The Senior Chili Feed will take place this year on Friday, September 27th at the Jr/Sr High School Cafeteria. Be sure to buy a ticket to attend from one of our senior students. All profits raised help support students attending their Senior Class Trip to Washington D. C. this spring.

Homecoming Week - September 23 - 27 is homecoming week. The members of the student council are actively planning events for the week including dress up days with prizes, grade-level challenges, coronation and a homecoming dance. More information to come as this week nears.

Reminders

- Please call the school to update contact phone numbers if they change or have changed.
 - If your student is absent, please call or email Molly or Lisa in the office ASAP
 - If a student is sick, they must be fever free for 24 hours before returning to school.
- Have a concern? Please notify the teacher first, if not resolved then notify the principal.

MCW Trimont Elementary

Dates to Remember:



Trimont Elementary

Office hours
7:30 a.m. – 4:00 p.m.

Sept. 3rd and 4th-

Back to School
Conferences

Sept. 5th -

School begins K-6

Sept. 19 -

Picture Day

Oct. 3 -

Mid Quarter

Oct. 17-18 -

No school
MEA Break

Oct. 21 -

No School Teacher
workshop



Follow us on
Facebook at [MCW
Trimont Elementary
Facebook](#)

September, 2024

Cell Phones "Away for the Day" To help maintain a focused and respectful learning environment at Trimont Elementary, students are encouraged not to bring cell phones or other electronic devices including smart watches, and earbuds/air pods to school. If students choose to bring these items to school they will need to remain in student backpacks/lockers during the academic school day, including morning recess and lunch. Students who need to be in contact with their family during the academic day are to ask permission to use one of our school phones. Parents are welcome and encouraged to contact our main office if there is a message that needs to be relayed.



Picture Day is coming!

Picture day will be held on Thursday, September 19th at Trimont Elementary. Get ready to say "cheese" and don't forget – please don't wear green.

Back to School Conferences

MCW will be hosting K-6 conferences September 3rd and 4th. Parents will need to sign up for a time to meet with their child's teacher by calling the school. These 20 minute conferences will give parents and students the opportunity to meet with their teacher prior to the start of the school year. Conferences are an important part of starting the year off on a positive note and are a great opportunity to get students ready for learning.

World's Finest Chocolate Sales Coming Soon!!!

In support of the student activities funds for our elementary schools, we will be selling chocolate bars through World's Finest Chocolate again this year beginning Sept. 25th. The candy bar fundraiser helps us incorporate fun and engaging educational field trips and experiences for students each year. We had great success with selling chocolate bars last year and hope you will support this amazing fundraiser once again this year.



Breakfast and Lunch

School breakfast and lunch is available for no cost to students. If your child would like milk for milk break or an extra milk at lunch, they will be available for \$0.40 each. Parents/guardians and other family members are welcome to join their students for lunch. We ask that you call ahead and make arrangements with the building principal. Adult meals are \$5.00 and can be paid through the office. Be sure to check into the office first to sign in and receive a visitor pass.

Student Pick-up and Drop-off Zones

"Safety is Everyone's Responsibility"

The summer road construction continues to make things very interesting for our parking lot and surrounding areas at Trimont Elementary. With the higher levels of traffic comes an increased level of safety concerns. Please plan on taking extra time when near the school and put mobile devices away. The safety of our students is our top priority.

Connected to the Past, Celebrating the Present, Cultivating the Future



Sherburn Elementary

September Newsletter

Conferences - schedule with Carolyn

September 3rd- 12pm to 8pm

September 4th - 8am - 12pm

Take advantage of conference time to interact with your child's teacher. Not only is this a great opportunity for students to become acquainted with their teacher and classroom, it also provides a time for the sharing of important information that will benefit your child's successes in this upcoming school year.



2.

School Pictures

September 3rd- 12pm to 4pm

Sherburn Elem. Boardroom

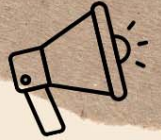


Back to School Supplies Link

<https://www.martin.k12.mn.us/Page/71>

3.





Student Pick-up and Drop-off Zones

"Safety is Everyone's Responsibility"

4.

The parking lot and surrounding areas at Sherburn Elementary can be a very busy place. (Parents and buses dropping off students, students and staff walking into school...etc.) With the higher levels of traffic comes an increased level of concern pertaining to safety. Students don't always look before crossing the road and we need to take every precaution for the safety of all children. Please plan on taking extra time when near the school and put mobile devices away. Distracted driving is one of the leading causes of pedestrian/vehicle accidents.

Busing of Students

5.

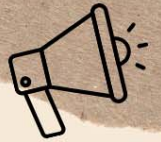
Support staff will be on duty beginning the first day of school and daily there-after at the Sherburn Elementary School site. Bus schedules will be posted at the school site when completed. Please call, if questions arise as to times of pick-up/drop-off of students.



School absences/tardies

6.

Remember to call the school when your child is going to be absent, needs to leave school early, or will be late to school. It is very important that we keep accurate records of attendance.



School Pay

7.

SchoolPay is the safest and easiest way to electronically pay for school-related fees. Eliminate last minute check-writing hassles and lost cash. SchoolPay allows parents to pay for items across many school departments and school non-profits from a unified checkout. This is a great way to pay for lunch fees and any other fees accrued at school. Click on the link to set up an account.

<https://www.martin.k12.mn.us/site/Default.aspx?PageID=91>



Candy Bar Sales

8.

Sales will run from September 25 to October 14. More info to come!



Stay Informed

9.

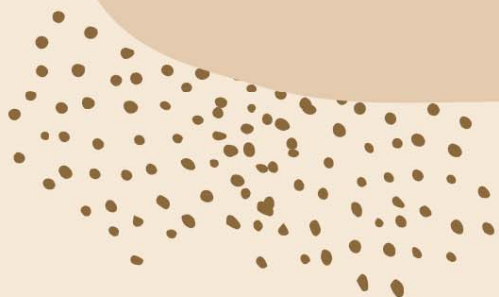
The District webpage, <https://www.martin.k12.mn.us/> will serve as a hub for all things related to returning to school and changes in plans throughout the school year, please check in regularly for updates. Another informative connection point is our Facebook page at <https://www.facebook.com/sherburnelementary> LIKE US!



Upcoming Events

10.

- Parent Teacher Conferences - September 3-4th
- 1st Day of School K-6 - September 5th
- Homecoming Week - September 23rd-27th - Watch for information from students' teachers regarding dress up days, parade and pep fest
- Candy Bar Sales - Sales will run from September 25 to October 14



Principal Contact Information

Nickole Bowie
nickolebowie@mcwmavericks.org
507-764-4461



September



Bus Routes

2024-2025

Bus #5 - David Weiss		Bus #1 - Mary Ann Gilbertson	
Klassen	6:49	Northrop	6:15
White	6:52	Truman Ciro and 3rd	6:25
Kuehl	6:55	Truman Funeral Home	6:27
Ormsby Hair Salon	6:57	Schubert	6:31
Swanson, Sandberg,		Kuehl	6:37
Baarson, MacMaster, Gyger		Faber	6:42
Odin Café	7:00	Peterson	6:48
Olson, R	7:15	Klutz	6:49
Anderson, B - PM		Paplow	6:54
Swanson, T	7:20	VanWyk	6:55
Scholl, PM		Drager	6:57
Geiger - PM		Helvig	6:59
Scholl, J	7:25	Rudolph - PM	
Olson, L	7:32	Krusemark	7:03
Palmentera, R	7:34	Emery Daycare	7:06
Palmentera, T - PM		Martin	7:09
Hesby	7:36	Rohman	7:15
Fuller - PM		Cory Anderson	7:16
Wilmes	7:41	Grupe - PM	
Anderson J.	7:43	Green Acres by campground	7:21
Geerdes Daycare	7:50	5th & Dugan	7:24
Fett Daycare	7:50	St. Paul Church	7:26
Lubben Daycare	7:55	2nd & Harrison	7:28
Bus #3 - Ronda Quinn		Koons	7:31
Mulder	6:25	Kleinschmidt	7:34
Stover	6:27	Coulter	7:38
Whitehead	6:37	Golf Course	7:42
Strierner	6:42		
Mall	6:48	David Jones	
DMV	6:49	Engebretson	7:20
Bachenberg Daycare	6:52	Kamlitz	7:25
Stauffer	6:55	Eric Nielson	7:30
Salter	6:58	Fox	7:35
Rode	7:02		
Winter	7:05	Jody Scott	
Heine	7:08	Corrow/Haukoos	7:15
Furmeister	7:12		
Dugan and Weaver	7:16		
Kim Holmes DayCare	7:18		
Schaffer Shore	7:23		
Mary Brolsma Day Care	7:25		
School	7:28		

We are still in need of a bus driver! If you're interested, contact the Central Office.

Bus #7 - Terry Prom	
Fett/McInerney	6:40
Shover	6:45
Dorchner	6:47
Marquart/Thompson	6:48
Engstrom	6:50
Kennedy	6:53
Dunnell Park	6:54
Tifft	7:00
Palmer	7:02
Hobbs	7:05
Johnston	7:10
Taylor Forsberg	7:12
Paris	7:15
Forsberg	7:18
Hanson/Tronvet	7:23
Dietz	7:25
Johnson	7:28
Ross	7:29
Jewison	7:31
Sinn	7:32
Meixell	7:33
Muller	7:34
Taylor Thur/Fri	7:35
Clarke	7:37
Engstrom	7:38
Bliesmer DayCare	7:39
Faber	7:40

Bus #9 Joe Neppi	
Jurs	6:55
Thompson	7:00
Ceylon Fire Hall	7:10
Kolbe	7:13
Schultze	7:15
Miller	7:20
Hartwig	7:25
Carlson	7:30
Hough	7:32
Anderson	7:32
Nelson, R-PM	
Clow, J -PM	
Julie Olson	7:40
Ali Lundgren Day Care	7:42
Catholic Church	7:47
Local Lumber	7:52
Korselman	7:55

**Preschool Routes will be
posted soon**

Announcements

- Routes are subject to change
- Highway 4 construction may impact some times
- If your child will NOT be riding the bus in the mornings, please call one of the bus garages by 6:30am.
- Please contact the district office if your stop is not listed or if your student will not be riding the bus
- If you have a kindergartener entering school this fall, please take time to discuss how to ride the bus. It is important that your child learns how to be safe around and on the bus.
- Please read through the Martin County West Bus Behavior Policy (included in this newsletter) with your child(ren). This policy not only pertains to those students that ride a morning and afternoon route but to all Martin County West students whenever they are on a bus.
- Please have students ready 5 minutes before pickup time.
- Drivers will only wait 2 minutes for students at a stop

Sherburn Bus Garage: 507-764-6731

Welcome Bus Garage: 507-728-8969

MARTIN COUNTY WEST SCHOOL BUS BEHAVIOR

Most behavior on the bus can be controlled by the bus driver. If a reprimand by the driver is not sufficient, the driver will contact the Safety Supervisor or if the behavior is serious in nature, substantially affects safety, or is persistent, the driver will contact the building principal. Each referral to the safety supervisor or building principal may result in one or more of the following:

- 1) Parent contact.
- 2) Assigned seats may be given to said student or all students.
- 3) Removal of riding privileges.
- 4) Legal action taken, State Safety Department contacted, and possible expulsion from school.

Continued behavior problems on the bus will extend the length of the loss of riding privileges.

Rules at the bus stop:

- a) Get to your bus stop five minutes before your scheduled pick up time. The school bus driver will not wait for late students.
- b) Respect the property of others while waiting at your bus stop.
- c) Keep your arms, legs and belongings to yourself.
- d) Use appropriate language.
- e) Stay away from the street, road or highway when waiting for the bus.
- f) Wait until the bus stops before approaching the bus.
- g) After getting off the bus, move away from the bus.
- h) If you must cross the street, always cross in front of the bus where the driver can see you. Wait for the driver to signal to you before crossing the street.
- i) No fighting, harassment, intimidation or horseplay.
- j) No use of alcohol, tobacco or drugs.

The following rules on the bus, in addition to other reasonable expectations of drivers, will be enforced:

- a) Immediately follow the directions of the driver.
- b) Sit in your seat facing forward.
- c) Talk quietly and use appropriate language.
- d) Keep all parts of your body inside the bus.
- e) Keep your arms, legs and belongings to yourself.
- f) No fighting, harassment, intimidation or horseplay.
- g) Do not throw any object.
- h) No use of alcohol, tobacco, or drugs.
- i) Do not bring any weapons or dangerous objects on the school bus.
- j) Do not damage the school bus – students will pay for any damage to the bus.
- k) Students will not eat or drink on bus without bus driver permission.
- l) No sunflower seeds will be allowed on buses.
- m) Students will not litter.
- n) Students will listen to driver in an emergency.
- o) Music on the bus will be at the discretion of the driver.

Community Education & Recreation

Nickole Bowie, Director • nickolebowie@mcwmavericks.org • 507-764-2336



Martin County West

Community Education & Recreation: Fall Activities!



As the leaves start to turn and the air gets crisp, it's the perfect time to explore all the exciting activities we have planned this fall at Martin County West Community Education & Recreation! Whether you're looking to stay active, learn something new, or just have some fun, we have something for everyone in the community.

Highlights include:

- **Youth Sports:** Flag football, CER/ASSN football, Gymnastics, Dance
- **Adult Classes:** .55+ Driving class, writing classes
- **Lifelong Learning:** Law lectures, How-to classes

Register now and make the most of this beautiful season. Check out our website or stop by the office as classes are added often. Let's make this fall one to remember!



Preschool and ECFE



Martin County West Early Education is excited to kick off our 2024—2025 school year and welcome all of our newest students to Martin County West and our 4-Star Parent Aware Preschool Program! Our three year old students will be starting their education in Sherburn this year. Four year old classes will be held in both Trimont and Sherburn in the morning and the afternoon. Classes start the week of September 9th.

Early Childhood Family Education (ECFE) will be starting its fall session in October. We would love to see all of our preschool families and any other families in our community with birth to age 5 children coming to our ECFE program. Classes are offered both during the day and the evening. The cost of the program is low and scholarships are available to families that qualify. This is a great opportunity to meet other families in our community, let your children learn and play, and a chance to ask questions of our parent educator.

Community Education & Recreation

Nickole Bowie, Director • nickolebowie@mcwmavericks.org • 507-764-2336

GUITAR LESSON

2 LESSON AND 4 LESSON PACKAGES

CONVENIENT SCHEDULING
AVAILABLE AT
JAKESGUITARLESSONS.COM



MC KNOWHOW ROBOTICS

5th & 6th Graders
Winter Session



FREE REGISTRATION



Robotics can be a fun
and challenging hobby
for kids



DANCE CLASSES

INFO COMING SOON



CLASSES START AT 3:30 FOR PREK-K
4:30 FOR 1ST-3RD GRADE
5:30 FOR 4TH -6TH GRADE



Community Education & Recreation

Nickole Bowie, Director • nickolebowie@mcwmavericks.org • 507-764-2336

FLAG FOOTBALL COACHES / SCHEDULE

Team #1 – MCW #1 Team #2 – MCW #2 Team #3 – MCW #3 Team #4 – FMT

MONDAY - SEPTEMBER 9th

5:30pm – COACHES MEETING @ FIELDS 6:00pm – 7:00pm –

TEAM PRACTICE

Team #1 – Northeast corner of field
Team #2 – Northwest corner of field
Team #3 – Southeast corner of field
Team #4 – Southwest corner of field

TUESDAY - SEPTEMBER 10th

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #2– Northeast field
Team #3 vs Team #4 – Southeast field

MONDAY – SEPTEMBER 16th

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #3– Northeast field
Team #2 vs Team #4 – Southeast field

TUESDAY – SEPTEMBER 17th

5:00pm – 6:00pm – **Team/Individual Pictures - no charge**

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #4– Northeast field
Team #3 vs Team #2 – Southeast field

COACH INFORMATION & REMINDERS

- Coaches are responsible for communicating all information with their players and parents. We have supplied you with a roster of player names, phone numbers and emails. Make sure on the first day that the contact information is correct. CER will communicate with you about any schedule changes or cancellations, and you will share that information with your team.
- All players must wear mouth guards for the games. If a player has forgotten their mouth guard there will be some on-site.
- All games will start at 6:15pm. You have 15 minutes to get your team together, go over substitutions and practice a bit before the game begins.
- All games will be 7 on 7. This is due to the size of the fields, and it keeps the game from getting too out of control.
- No tackling. Obviously, accidents will happen but use your best judgment and talk to kids who might be tackling on purpose. On the first day, talk about how to pull flags the correct way without holding and tackling.
- Each team will have access to flags and footballs. Please make sure that you collect all items and put them back in the bag after the game.
- Make sure everyone plays. It will be hard to make sure everyone gets the exact amount of time but do the best you can to try and get every player equal time.

Contact us with any questions! CER OFFICE # (507) 764-2336 Nickole Bowie nickolebowie@mcwmavericks.org

MONDAY – SEPTEMBER 23rd

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #4– Northeast field
Team #3 vs Team #2 – Southeast field

TUESDAY – SEPTEMBER 24th

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #2– Northeast field
Team #3 vs Team #4 – Southeast field

MONDAY – SEPTEMBER 30th

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #3– Northeast field
Team #2 vs Team #4 – Southeast field

TUESDAY – OCTOBER 1st

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #4– Northeast field
Team #3 vs Team #2 – Southeast field

MONDAY – OCTOBER 7th

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #2– Northeast field
Team #3 vs Team #4 – Southeast field

TUESDAY – OCTOBER 8th

6:00pm – 7:00pm – **GAME DAY**

Team #1 vs Team #3– Northeast field
Team #2 vs Team #4 – Southeast field



MCW FFA and Ag Department

Back to School Reminders!

As we begin the 2024-25 school year, here are a few reminders to get the FFA year kicked off!

- Pay FFA dues to the Jr/Sr High office OR on School Pay - dues are \$22 for high school members and \$15 for junior high members. Checks may be made out to MCW FFA.
- Have your FFA member complete our membership sign-up form. The link may be found in their FFA google classroom or using the QR code on the following page.
- If your FFA member is not in the FFA Google Classroom, please contact Mrs. Wohlhuter at stephaniewohlhuter@mcwmavericks.org

FFA on Social Media

If you are looking for information on upcoming events, or would like to be able to access pictures from recent events, please follow MCW on the following social media accounts:

- Facebook - Martin County West FFA Chapter
- Instagram handle - martincountywestffa

Upcoming Fall Events

Fruit Sales - MCW FFA will be hosting their fall fruit sales fundraiser in October. The fruit will be delivered the Monday after Thanksgiving.

Corn Drive - the corn drive will occur in late September/early October, depending on how harvest goes this fall. Look for more details in the coming month!

FFA Clothing Store

- We have an online FFA clothing store - this will be the only clothing sale we do this year.
- The store closes at 11:59 pm on September 15th - no late orders will be accepted so please plan ahead!
- Info about the store may be found following this page.





SHOP AT OUR

MCW FFA ONLINE CLOTHING STORE



STORE CLOSING ON...

SEPTEMBER

15TH, 11:59 PM



FRONT



LINK TO STORE:

**[HTTPS://1800TSHIRTS.CHIPPLY.COM/
MARTINCOUNTYWEST/](https://1800TSHIRTS.CHIPPLY.COM/MARTINCOUNTYWEST/)**



**Experience Building a Robot
&
Compete in a local VEX IQ Competition**

What is this?

Teams of students will work together to create a robot using VEX IQ components. These kits have been provided through grants and donations to the group Martin County Know How and the program is provided to students FREE of cost. Students participating will build a robot and learn to drive and complete specific tasks with it. These tasks will help the MCW teams earn points at the competition in early December.

Who can participate?

Students that are in grades 5-6 are able to participate on a MCW team. Space is limited, so please register by scanning the QR code or by visiting schoolpay.com by **September 13, 2024**.

Martin County Know How, or Sarah Jagodzinske-Rohman will let you know if you are able to participate. It is a first come first serve basis.

When?

Students will compete Saturday December 14 at GHEC.

Robot building and practice will take place at Trimont Elementary after school, the days are to be determined based on coach availability. Volunteer coaches are needed for this free event!

If you would like to see what these events look like, please check out Martin County Know How on Facebook for videos and clips, or check out the webpage www.mcknow.how

If you have any questions, please contact Sarah Jagodzinske-Rohman:
sarahrohman@mcwmavericks.org





SEPTEMBER 2024

Martin County West Schools

Menu is subject to change without notice. Sorry for any inconveniences.

Monday

No School

2

Tuesday

Breakfast Pizza

3

Fruit Choice
Juice Choice
Milk

7-12 start

Wednesday

Cinnamon Roll

4

Fruit Choice
Juice Choice
Milk

Thursday

French Toast Sticks

5

Fruit Choice
Juice Choice
Milk

K-6 start

Friday

Strawberry Cream Cheese Bagel

Fruit Choice
Juice Choice
Milk

Cereal

9

Fruit Choice
Juice Choice
Milk

Biscuits/Gravy

10

Fruit Choice
Juice Choice
Milk

Scrambled Eggs/Toast

11

Fruit Choice
Juice Choice
Milk

Pancakes

12

Fruit Choice
Juice Choice
Milk

Fruit/Yogurt Granola/UBR

13

Fruit Choice
Juice Choice
Milk

Cereal

16

Fruit Choice
Juice Choice
Milk

Breakfast Sandwich

17

Fruit Choice
Juice Choice
Milk

Assorted Muffins

18

Fruit Choice
Juice Choice
Milk

Pancake on a Stick

19

Fruit Choice
Juice Choice
Milk

Blue Berry Bubble Bread

20

Fruit Choice
Juice Choice
Milk

Cereal

23

Fruit Choice
Juice Choice
Milk

Assorted Donuts

24

Fruit Choice
Juice Choice
Milk

Waffles

25

Fruit Choice
Juice Choice
Milk

Cheesy Omelet/Toast

26

Fruit Choice
Juice Choice
Milk

Banana Bread

27

Fruit Choice
Juice Choice
Milk

Cereal

30

Fruit Choice
Juice Choice
Milk



Breakfast is free to all students if they take the required items. Breakfast include choice of fruits/veggies, meat/ meat alternates, grain, & milk. Must choose 3 items, one being fruit or veggie, to count as a complete breakfast. Grains are at least 51% whole grain. Milk is low-fat or fat free plain or fat free flavored. Fresh and canned fruits and 100% fruit juices are offered every day. Cold cereal is offered every day. Martin county West Schools are equal opportunity employers



SEPTEMBER 2024

Martin County West Schools

Menu is subject to change
without notice. Sorry for
any inconvenience

Monday

No School

Italian Dunkers

Dipping Sauce
California Blend
Fruit Choice

Orange Chicken

Fried Rice
Stir Fry Veggies
Mandarin Oranges

Chicken Alfredo

Rotini Noodles
Breadstick
Steamed Broccoli

Homecoming Week

Corn Dog

Baked Beans
Fruit Choice

Tuesday

*Hamburger/Bun

Potato Salad
Steamed Broccoli
Watermelon

7-12 begin

Chicken Strips

Mashed Potatoes
Corn
Fruit Choice
Dinner Roll

Pulled Pork/Bun

Potato Wedges
Cole Slaw
Fruit Choice

Ham/Turkey Sub

Assorted Toppings
Oven Fries
Fruit Choice

Wednesday

*Beefy Nachos

Assorted Toppings
Cheese Sauce
Fiesta Beans
Rosy Applesauce

Hot Ham and Cheese

WG Bun

Baked Beans
Fruit Choice

Walking Tacos

Seasoned Beef
Assorted Toppings
Fiesta Beans
Fruit Choice

Pizza

Green Beans
Fruit Choice

Thursday

Pizza

Green Beans
Peaches

Elementary Starts

Spaghetti

Meat/Sauce
Garlic Bread
Peas
Peaches
Cheese Stick

Popcorn Chicken

Mashed Potatoes/Gravy
Corn
Fruit Choice
Dinner Roll

Chicken Fajita

*Rice Pilaf
Red/Green Peppers
Refried Beans
Fruit Choice

Friday

Hotdog on a Bun

Potato Wedges
Fruit Choice

Chicken Patty/Bun

*Pasta Salad
Steamed Broccoli
Spiced Apples

Cheesy Omelet

Hash Brown Potatoes
Cooked Carrots
Cinnamon Roll
Fruit Choice

Hamburgers/Bun

Assorted Topping
Potato Salad
Fruit Choice

*High School
**Elementary



Lunch Notes: All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light if available. Milks are low fat or fat free. Fresh and/or canned fruits are available every day. Fresh veggie bar available every day. Meals are free for students ONLY if they take the required components. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices. MCW is an equal opportunity employer.