

## **JANUARY 2025**

Martin County West Schools

Menu is subject to change without notice. Sorry for any inconveniences.

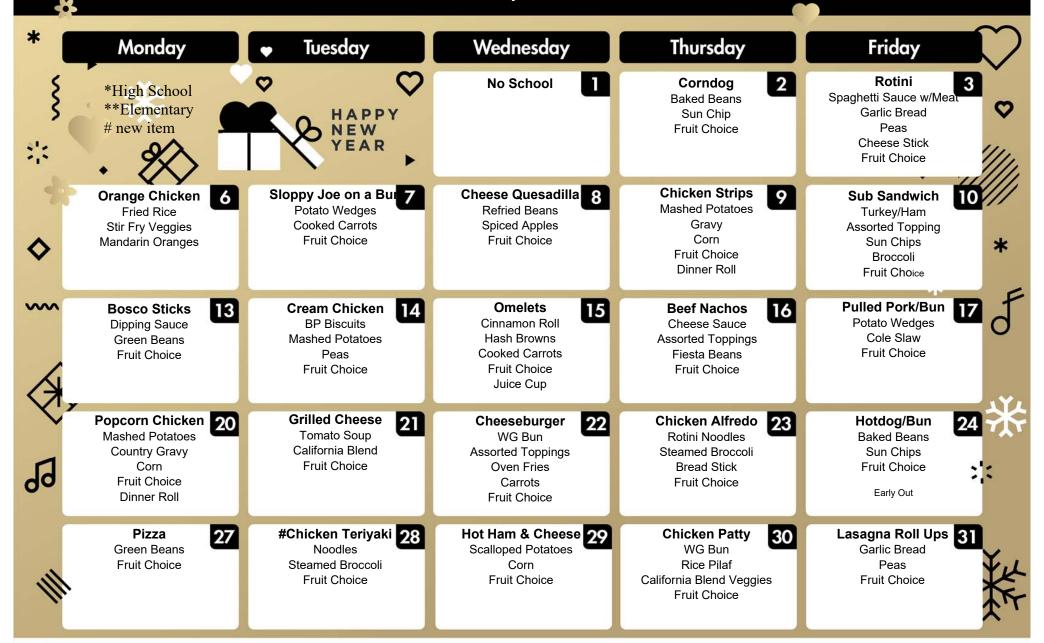




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**Lunch Notes:** All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light if available. Milks are low fat or fat free. Fresh and/or canned fruits are available every day. Fresh veggie bar available every day. Meals are free for students ONLY if they take the required components. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices. MCW is an equal opportunity employer.



## **JANUARY 2025**

Martin County West Sherburn Elementary

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•	Monday	Tuesday	Wednesday	Thursday	Friday
. 1/2	*High School **Elementary # new item		No School 1	Corndog Baked Beans Sun Chip Fruit Choice	Rotini Spaghetti Sauce w/Meat Garlic Bread Peas Cheese Stick Fruit Choice
	Orange Chicken Fried Rice Stir Fry Veggies Mandarin Oranges	Hamburger/Bun Oven Fries Cooked Carrots Fruit Choice	Cheese Quesadilla Refried Beans Spiced Apples Fruit Choice	Chicken Strips Mashed Potatoes Gravy Corn Fruit Choice Dinner Roll	Sub Sandwich Turkey/Ham Assorted Topping Sun Chips Broccoli Fruit Choice
	Bosco Sticks Dipping Sauce Green Beans Fruit Choice	Grilled Chicken BP Biscuits Mashed Potatoes Peas Fruit Choice	Omelets Cinnamon Roll Hash Browns Cooked Carrots Fruit Choice Juice Cup	Beef Nachos Cheese Sauce Assorted Toppings Fiesta Beans Fruit Choice	Shredded Pork/Bun Potato Wedges Cole Slaw Fruit Choice
	Popcorn Chicken  Mashed Potatoes  Country Gravy  Corn  Fruit Choice  Dinner Roll	Grilled Cheese Tomato Soup California Blend Fruit Choice	Cheeseburger WG Bun Assorted Toppings Oven Fries Carrots Fruit Choice	Chicken Alfredo Rotini Noodles Steamed Broccoli Bread Stick Fruit Choice	Hotdog/Bun Baked Beans Sun Chips Fruit Choice Early Out
3	Pizza Green Beans Fruit Choice	#Chicken Teriyaki Noodles Steamed Broccoli Fruit Choice	Hot Ham & Cheese Scalloped Potatoes Corn Fruit Choice	Chicken Patty WG Bun California Blend Veggies Fruit Choice	Lasagna Roll Ups Garlic Bread Peas Fruit Choice

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