



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**No School** **5**

**Assorted Muffins** **6**  
 Fruit Choice  
 Juice Choice  
 Milk  
 7-12 School Begins

**Pancakes** **7**  
 Fruit Choice  
 Juice Choice  
 Milk  
 7-12 School Begins

**No School** **1**

**No School** **2**

**Cereal/Toast** **12**  
 Fruit Choice  
 Juice Choice  
 Milk

**Biscuit & Gravy** **13**  
 Fruit Choice  
 Juice Choice  
 Milk

**French Toast Sticks** **14**  
 Fruit Choice  
 Juice Choice  
 Milk

**Breakfast Pizza** **8**  
 Fruit Choice  
 Juice Choice  
 Milk

**Fruit/Yogurt** **9**  
 Graham Cracker  
 Fruit Choice  
 Juice Choice  
 Milk

**Cereal/Toast** **19**  
 Fruit Choice  
 Juice Choice  
 Milk

**Breakfast Sandwich** **20**  
 Fruit Choice  
 Juice Choice  
 Milk

**Pancake on a Stick** **21**  
 Fruit Choice  
 Juice Choice  
 Milk

**Breakfast Burrito** **15**  
 Fruit Choice  
 Juice Choice  
 Milk

**Assorted Roll/Donut** **16**  
 Fruit Choice  
 Juice Choice  
 Milk

**Cereal/Toast** **26**  
 Fruit Choice  
 Juice Choice  
 Milk

**Cinnamon Coffee Cake** **27**  
 Fruit Choice  
 Juice Choice  
 Milk

**Pancakes** **28**  
 Fruit Choice  
 Juice Choice  
 Milk

**Eggs/Toast** **22**  
 Fruit Choice  
 Juice Choice  
 Milk

**Banana Bread** **23**  
 Fruit Choice  
 Juice Choice  
 Milk

**Cereal/Toast** **26**  
 Fruit Choice  
 Juice Choice  
 Milk

**Cinnamon Coffee Cake** **27**  
 Fruit Choice  
 Juice Choice  
 Milk

**Pancakes** **28**  
 Fruit Choice  
 Juice Choice  
 Milk

**Assorted Muffins** **29**  
 Fruit Choice  
 Juice Choice  
 Milk

**Breakfast Pizza** **30**  
 Fruit Choice  
 Juice Choice  
 Milk

Breakfast include choice of fruits/veggies, meat/ meat alternates, grain, & milk. Grains are at least 51% whole grain.

Milk is low-fat or fat free plain or fat free flavored

Must choose 3 items, one being fruit or veggie, to count as a complete breakfast.

Fresh and canned fruits and 100% fruit juices are offered every day.

Cold cereal is offered every day





No School

No School

No School

**\*\*Hot Ham Sandwich**

Scalloped Potatoes  
Cooked Carrots  
Fruit Choice

**\*\*Shredded Pork Nachos**

Cheese Sauce  
Cole Slaw  
Peas  
Fruit Choice

**Hot Dog/Bun**

Baked Beans  
\*\*Fries  
Fruit Choice

**Pizza**

Green Beans  
Carrot Sticks  
Fruit Choice

**Tacos**

Tortilla Shells  
Tomato, Lettuce, Onion  
Fiesta Beans  
Seasoned Rice  
Fruit Choice

**Ham/Turkey Sub**

Lettuce, Tomato, Cheese  
Cooked Carrots  
\*\*Potato Wedges  
Fruit Choice

**Chicken Strips**

Mashed Potatoes  
Corn  
Fruit Choice  
Dinner Roll  
\*Gold Fish

**Spaghetti**

Meat Sauce  
Steamed Broccoli  
Garlic Toast  
Fruit Choice

**Hamburger/Bun**

Cheese, Onion, Tomato, Lettuce  
Potato Salad  
Broccoli Pieces  
Fruit Choice

**Sloppy Joes**

Sweet Potato Fries  
Steamed Broccoli  
Fruit Choice

**Chicken Patty**

WG Bun  
Tomato, Lettuce  
\*\*Rice Pilaf  
Green Beans  
Fruit Choice

**Corn Dog**

Baked Beans  
Sun Chips  
Fruit Choice

**Breaded Pork Chop**

Mashed Potatoes  
Country Gravy  
Corn  
Fruit Choice

**Orange Chicken**

Fried Rice  
Stir Fry Veggies  
Mandarin Oranges

**Italian Dunkers**

Dipping Sauce  
California Blend  
Fruit Choice

**Chicken Alfredo**

Rotini Noodles  
Steamed Broccoli  
Fruit Choice

**Pulled Pork/Bun**

Cole Slaw  
Baked Beans  
Fruit Choice

**Popcorn Chicken Bowl**

Mashed Potatoes  
Gravy  
Corn  
Fruit Choice

**Pizza**

Green Beans  
Carrot Sticks  
Fruit Choice

**Lunch Notes:** All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light. Milks are low fat or fat free. Fresh and canned fruits are available every day. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices. Menu subject to change without notice. Sorry for any inconvenience.