



# Martin County West

*Connected to the Past, Celebrating the Present, Cultivating the Future*

## Dear Maverick Families,

January is here again! We are once again in a season of new beginnings. Were surprised like I was to realize this new year is halfway through this decade? Maybe you hung up a new wall calendar or cracked open a new planner or started tearing pages off a new desktop calendar to mark the new year.

January also means we are almost to a new semester where things at school reset. In just a few weeks, teachers will issue the final grades for first semester and second semester will begin. We all get a fresh start for the second half of the school year.

No matter how the first semester of this year went for your children, we all get to start over again in the new semester. This is a great time to start or continue with habits of great learners such as listening to instructions, asking questions,

completing and turning in assignments, and studying regularly. And make sure to keep doing those things that support learning like getting good, screen-free sleep and reading for fun.

Learning is a hard, messy process that should never end. It often involves failure as we try something, realize it wasn't right, think about what didn't work, and try other options until we find an answer that fits. We are all constantly in that learning process, whether we are a student or an adult. We are all learners learning new things everyday.

May we all make the most of the learning opportunities we are given in the new year and semester!

In partnership for lifelong learning,  
Cori Reynolds, Superintendent

## Important Dates:

- > January 24—End of Quarter & Early Dismissal
- > February 17—President's Day—No School
- > February 25—Midquarter

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# MCW JR/SR High School

## January 2025 Newsletter

### Dates to Remember in January

- School Resumes on Jan 2nd
- Early Dismissal Jan 24

### 2025 Upcoming No School Days

- Presidents Day Feb 17
- Staff Workshop Mar 7
- Early Dismissal Mar 28
- Spring Break Apr 18 - Apr 21
- Teacher Workshop May 23
- Memorial Day May 26
- Last Day of School May 30



### Student Sick?

\*Fever over 100.4, has diarrhea, is vomiting, or has a cough that disrupts normal breathing or activities = stay home.

\*Fever free for 24 hours without fever reducing medicine, 24 hours after the last episode of vomiting or diarrhea = come to school

### Stay Informed by visiting the District webpage,

<https://www.martin.k12.mn.us/> and LIKE US! on our Facebook page at <https://www.facebook.com/mcwJHSschool>

Hello MCW Families, The Jr/Sr High School is excited to start the 2025 year with students. Classes resume on January 2nd and we hope our students are recharged and ready to work hard for the last half of this school year. Winter activities are in full swing. Please make time to attend some of the Maverick Activities. Activities info can be found on the Activities Calendar on the school website [LINK](#). GO MAVERICKS! ~Autumn Welcome

### E Learning Days - What You Need to Know for 7-12 Students

1. Students must join Advisory on Google Classroom at 10am to be counted present for Advisory period. This is a short time to ask questions in order to be prepared for the day.
2. Students must complete assigned assignments (provided via Google Classroom) for excused attendance for each class period. Assignments are due no later than 2 school days following an eLearning day. After day two, student attendance will be finalized.
3. Students unable to connect due to device or connection issues must have guardians email or call the office, preferably during the day of the eLearning event. Without guardian notification, the student's absence will be considered unexcused.
4. If and when possible, devices will be made available for students to check out (and return) prior to an eLearning day. Unfortunately, not all events are predictable. If your student is unable to connect and complete work due to a device issue on an eLearning day, please follow directions on #2 & #3 above.

**Early Dismissal and Teacher Workshop Day** - Students will be dismissed at 12:15 for shuttle buses and 12:30 for route buses on the January 24th early dismissal.

**End of 2nd Quarter is January 24th** - Report cards to be shared with families on January 31st.

**Course Selection for '25-26 School Year** - On January 28th, staff will be sharing information with students about next year's course offerings. Students will have access to the updated Course Catalog. Submission of course requests will be due on February 4th. Families should sign off on student course requests prior to students turning them in.

**Blood Drive** - An American Red Cross blood drive is scheduled for January 29th from 8a-2p. Sign up today with Mr. Neduzak by contacting the school. Student helpers are eligible for a Red Cross Scholarship if the appointment quota is met, so do two good things; give much needed blood and move our students closer to scholarship eligibility!

**MCW Fan Gear** - Looking for some MCW fan gear that will help fund the Jr/Sr prom, please choose some merchandise from <https://dstrophiesmn.com/mcw-schools/>

### **From the Academic Dean - Mr. Neduzak**

- **MCW Dollars for Scholars** - Deadline to apply is March 15, 2024. Get a head start here: <https://tinyurl.com/4c8dtp6s> Plan to attend our helpful "how to" session on January 8th at the Jr/Sr High School at 6:30pm in the Business Lab!
- **FAFSA is Now Open!**
- **Seeking ACT prep materials?** Please consult with Mr. Neduzak. MCW has access to On To College, a program designed to prepare students for the ACT. The ACT will be offered to junior students between 3/25-3/28 & 3/31-4/4 (specific testing day TBD), alternative tests for juniors will be the ASVAB and Accuplacer. Questions? Please reach out to Mr. Neduzak to determine the right test for your student.
- **PSEO UPDATE** - MN West's 2nd Semester begins on January 13th. Course registration and book ordering should be done ASAP if not completed already as classes are filling up quickly. Students may drop/add courses during the 1st week of class ONLY without penalty; therefore, if your book has an "access code" - DO NOT scratch it off until you're 100% certain you will stay in the course otherwise the district will be charged if you decide to drop the course.



# Trimont Elementary

January 2025

## Dates to Remember:

Jan. 2 - Classes Resume  
Jan. 24 - End of Quarter 2  
Jan. 24 - Early Dismissal

Martin County West  
Elementary School  
Trimont

Office Hours 7:30am -  
4:00pm.



Follow us on Facebook  
at [MCW Trimont Elementary | Facebook](#)



## January's Monthly

### Theme:

### Perseverance!!!

One way to think about Perseverance is "pushing through challenges and obstacles."

Perseverance is 1 of 3 traits we will focus on throughout the year using the *Character Strong* curriculum that helps students

**Be Strong.** Throughout the school, students will be developing skills like focusing, organizing, and goal setting.

Target  
Obstacles  
Plan  
GOALS



**eLearning Days** – In the event of severe weather that prevents us from getting safely to school, we will be utilizing eLearning days again this year. This year we will include an opportunity for students to meet with their teachers via a google meet link shared through email.

The schedule for class meetings will be as follows:

- 8:30 am - Kindergarten
- 9:00 am - 1st grade and 5th grade
- 9:30 am - 2nd grade and 6th grade
- 10:00 am - 3rd grade
- 10:30 am - 4th grade

**Winter FASTBridge** - We will be monitoring student progress in reading and math through the use of FASTBridge testing beginning January 15. These assessments will help us measure student progress in reading and math this year.

**Spring MCA Assessments** – The testing calendar is posted to the District website under "Parent Links". MCA testing will begin in March.

**End of 2<sup>nd</sup> Quarter** – Friday, January 24th marks the end of the second quarter. There will be a scheduled early dismissal that day. Report cards will go home the following Friday. If you have questions or concerns, be sure to reach out to your child's teacher.

**Minnesota Student Survey**- MCW 5<sup>th</sup> grade students will have the opportunity to participate in the Minnesota Student Survey in February. More information about this survey will be found in a letter attached to the District Newsletter. If you have a 5<sup>th</sup> grade student and would like to know more about this survey or preview the questions in the survey, please reach out to principal, Michele Baker.

Connected to the Past, Celebrating the Present, Cultivating the Future

# SHERBURN ELEMENTARY

## newsletter

### JANUARY

#### MONTHLY CHARACTER TRAIT



#### CONVERSATION STARTERS

CAN YOU DESCRIBE THE DIFFERENCE  
BETWEEN GETTING STUCK AND HAVING  
PERSEVERANCE?

HOW DOES ENGAGEMENT HELP YOU TO  
PERSEVERE?

THIS MONTH IS ALL ABOUT PERSEVERANCE. ONE WAY TO THINK ABOUT PERSEVERANCE IS "PUSHING YOURSELF THROUGH CHALLENGES AND OBSTACLES." WE ALL EXPERIENCE CHALLENGES IN OUR LIVES. WE ALL HAVE MOMENTS WHEN WE FEEL LIKE WE CAN'T DO IT OR THAT WE WANT TO GIVE UP ON A BIG TASK. IT IS IMPORTANT TO DEVELOP TOOLS THAT HELP US WORK THROUGH THOSE CHALLENGES IN ORDER TO GROW IN THOSE MOMENTS INSTEAD OF GIVING UP. HOW MIGHT YOU PRACTICE PERSEVERANCE AS A FAMILY THIS MONTH? PERSEVERANCE IS 1 OF 3 TRAITS WE WILL FOCUS ON THROUGHOUT THE YEAR THAT HELPS STUDENTS BE STRONG. THROUGHOUT THE SCHOOL, STUDENTS WILL BE DEVELOPING SKILLS LIKE FOCUSING, ORGANIZING, AND GOAL-SETTING.





# SHERBURN ELEMENTARY

## newsletter

### JANUARY

#### E-LEARNING

YOUR CHILD IS REQUIRED TO COMPLETE SOME WORK THAT YOUR TEACHER WILL GIVE THEM. YOUR CHILD SHOULD RETURN THE ASSIGNMENTS AND THE E-LEARNING GRID TO SCHOOL WITHIN 2 SCHOOL DAYS. THEY WILL HAVE 1 ACTIVITY PER SUBJECT TO COMPLETE.

YOUR CHILD WILL NEED TO JOIN THEIR GRADE LEVEL GOOGLE MEETS. THE TIMES THAT EACH GRADE LEVEL IS MEETING IS LISTED BELOW. THE SPECIFIC GOOGLE MEET LOGIN INFORMATION WILL BE GIVEN TO YOU BY THEIR TEACHER.

8:30 AM - KINDERGARTEN

9:00 AM - 1ST GRADE

9:30 AM - 2ND GRADE

#### STUDENT SICKNESS

KNOW WHEN TO STAY HOME AND WHEN TO COME TO SCHOOL?

- STAY HOME FOR FEVERS  $>100.3$ , DIARRHEA, VOMITING, & COUGHS THAT DISRUPT BREATHING/ACTIVITIES.
- COME TO SCHOOL IF NATURALLY FEVER FREE, NO DIARRHEA, & NO VOMITING FOR 24 HOURS.
- IF YOUR STUDENT STAYS HOME FOR ILLNESS (OR ANY REASON), PLEASE NOTIFY THE SCHOOL ASAP.

#### DATES TO REMEMBER

JANUARY 2 - SCHOOL RESUMES

JANUARY 24 - END OF QUARTER 2

JANUARY 24 - EARLY DISMISSAL

JANUARY 31 - REPORT CARDS HOME



# SHERBURN ELEMENTARY

## newsletter

### JANUARY

#### WARM CLOTHING

YOUR CHILD WILL NEED TO WEAR APPROPRIATE CLOTHING WHEN COMING TO SCHOOL. DURING THE WINTER MONTHS, STUDENTS GO OUTSIDE AT LEAST 3 TIMES A DAY UNLESS THE TEMPERATURE IS BELOW ZERO. PLEASE MAKE SURE THEY WEAR HATS, MITTENS, SNOW PANTS, BOOTS AND COATS SO THEY WILL BE ABLE TO PARTICIPATE IN THE ACTIVITIES OF THE DAY.



#### NEW BUS ROUTES

NEW BUS ROUTES WILL START JANUARY 2.

FOR QUESTIONS OR CONCERNS, PLEASE EMAIL

[KIMWUBBENA@MCWMAVERICKS.ORG](mailto:KIMWUBBENA@MCWMAVERICKS.ORG)

OR CALL 507-764-2330.

#### STAY INFORMED

THE DISTRICT WEBPAGE, [HTTPS://WWW.MARTIN.K12.MN.US/](https://www.martin.k12.mn.us/) WILL SERVE AS A HUB FOR ALL THINGS RELATED TO RETURNING TO SCHOOL AND CHANGES IN PLANS THROUGHOUT THE SCHOOL YEAR, PLEASE CHECK IN REGULARLY FOR UPDATES. ANOTHER INFORMATIVE CONNECTION POINT IS OUR FACEBOOK PAGE AT [HTTPS://WWW.FACEBOOK.COM/SHERBURNELEMENTARY](https://www.facebook.com/SHERBURNELEMENTARY) LIKE US!







MCW CER

Check out SchoolPay for a  
complete list of our offerings!

For assistance contact  
Nickole Bowie, Director  
[nickolebowie@mcwmavericks.org](mailto:nickolebowie@mcwmavericks.org)  
507-764-2336

# Passive Consent Notice to Parents

## Martin County West Plan to Survey Students

### 2025 Minnesota Student Survey

Martin County West School District is asking students in grades (5, 8, 9, and 11) to participate in the 2025 Minnesota Student Survey (MSS). Federal law requires us to notify parents of this school activity. The MSS is conducted in schools across our state every three years.

Questions on the survey are about many topics relating to young people's lives. The survey asks about how well school is going, future plans, out-of-school activities, physical and mental health, relationships, substance use and more. High school students ONLY are asked about sexual behavior. This useful information about their thoughts and behaviors helps communities and schools develop effective programs and provide better services through provided state funding.

The survey is anonymous. To prevent individuals or families from being identified, students do not provide their names, student identification numbers or personal information.

The survey is voluntary. You may choose to have your child not take the survey by completing and returning the bottom portion of this form. Students may also decline to take any part of the survey or the whole survey while they are taking it. They are informed of that option by staff.

If you have questions about the survey, please contact:

- Trimont Elementary Principal Michele Baker [michelebaker@mcwmavericks.org](mailto:michelebaker@mcwmavericks.org)
- Junior Senior High School Principal Autumn Welcome [autumnwelcome@mcwmavericks.org](mailto:autumnwelcome@mcwmavericks.org)

More information regarding the MN Student Survey can be found at

<https://education.mn.gov/mde/dse/health/mss/> and <https://mss.mn.gov/MSS/about/purpose/>

You have the right to review a copy of the survey once released by the MN Department of Education. For details on how to do this, please contact: Michele Baker at Trimont Elementary or Autumn Welcome at the Junior Senior High School.

The Minnesota Student Survey will be administered to students in grades 5, 8, 9, and 11 during the week of February 10, 2025.

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***If you do not want your child to take the Minnesota Student Survey, please detach and return this bottom of this form to:***

- Trimont Elementary Office - Principal Michele Baker
- Junior Senior High School Office - Principal Autumn Welcome

☐ I am choosing to OPT my student OUT of the MN Student Survey.

Student's name: \_\_\_\_\_ Grade: \_\_\_\_\_

Student's school: \_\_\_\_\_

Parent/Guardian name (please print): \_\_\_\_\_ Relationship to student: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**Yogurt Parfait  
Granola**

Fruit Choice  
Juice Choice

**6**

**Breakfast Sandwich**

Choice

Juice Choice

**7**

**No School**

**1**

**Breakfast Pizza**

Fruit Choice  
Juice Choice

**2**

**Muffins**

Fruit Choice  
Juice Choice

**3**

**Scrambled Eggs/Toast**

Fruit Choice  
Juice Choice

**10**

**Cinnamon Roll**

Fruit Choice  
Juice Choice

**9**

**French Toast Sticks**

Fruit Choice  
Juice Choice

**8**

**Pancakes**

Fruit Choice  
Juice Choice

**15**

**Assorted Doughnuts**

Fruit Choice  
Juice Choice

**16**

**Cereal**

Fruit Choice  
Juice Choice

**13**

**Banana Bread**

Fruit Choice  
Juice Choice

**14**

**Biscuits/Gravy**

Fruit Choice  
Juice Choice

**17**

**Frudel Bar**

Fruit Choice  
Juice Choice

**20**

**Breakfast Pizza**

Fruit Choice  
Juice Choice

**21**

**Pancake on a Stick**

Fruit Choice  
Juice Choice

**22**

**Cinnamon Streusel Cake**

Fruit Choice  
Juice Choice

**23**

**Ham & Egg Croissant**

Fruit Choice  
Juice Choice

**24**

**Cereal**

Fruit Choice  
Juice Choice

**27**

**Breakfast Burrito**

Fruit Choice  
Juice Choice

**28**

**Pancakes**

Fruit Choice  
Juice Choice

**29**

**Strawberry Bagel**

Fruit Choice  
Juice Choice

**30**

**Egg Taco**

Fruit Choice  
Juice Choice

**31**

Breakfast is free to all students if they take the required items. Breakfast include choice of fruits/veggies, meat/ meat alternates, grain, & milk. Must choose 3 items, one being fruit or veggie, to count as a complete breakfast. Grains are at least 51% whole grain. Milk is low-fat or fat free plain or fat free flavored. Fresh and canned fruits and 100% fruit juices are offered every day. Cold cereal is offered every day.

Martin County West Schools are equal opportunity employers.



# JANUARY 2025

## Martin County West Schools

Menu is subject to change  
without notice. Sorry for  
any inconvenience

**Monday**



**Tuesday**

**Wednesday**

**Thursday**

**Friday**

\*High School  
\*\*Elementary  
# new item



**Orange Chicken**

**6**

Fried Rice  
Stir Fry Veggies  
Mandarin Oranges

**Sloppy Joe on a Bun**

**7**

Potato Wedges  
Cooked Carrots  
Fruit Choice

**Cheese Quesadilla**

**8**

Refried Beans  
Spiced Apples  
Fruit Choice

**Chicken Strips**

**9**

Mashed Potatoes  
Gravy  
Corn  
Fruit Choice  
Dinner Roll

**Sub Sandwich**

**10**

Turkey/Ham  
Assorted Topping  
Sun Chips  
Broccoli  
Fruit Choice

**Bosco Sticks**

**13**

Dipping Sauce  
Green Beans  
Fruit Choice

**Cream Chicken**

**14**

BP Biscuits  
Mashed Potatoes  
Peas  
Fruit Choice

**Omelets**

**15**

Cinnamon Roll  
Hash Browns  
Cooked Carrots  
Fruit Choice  
Juice Cup

**Beef Nachos**

**16**

Cheese Sauce  
Assorted Toppings  
Fiesta Beans  
Fruit Choice

**Pulled Pork/Bun**

**17**

Potato Wedges  
Cole Slaw  
Fruit Choice

**Popcorn Chicken**

**20**

Mashed Potatoes  
Country Gravy  
Corn  
Fruit Choice  
Dinner Roll

**Grilled Cheese**

**21**

Tomato Soup  
California Blend  
Fruit Choice

**Cheeseburger**

**22**

WG Bun  
Assorted Toppings  
Oven Fries  
Carrots  
Fruit Choice

**Chicken Alfredo**

**23**

Rotini Noodles  
Steamed Broccoli  
Bread Stick  
Fruit Choice

**Hotdog/Bun**

**24**

Baked Beans  
Sun Chips  
Fruit Choice  
  
Early Out

**Pizza**

**27**

Green Beans  
Fruit Choice

**#Chicken Teriyaki**

**28**

Noodles  
Steamed Broccoli  
Fruit Choice

**Hot Ham & Cheese**

**29**

Scalloped Potatoes  
Corn  
Fruit Choice

**Chicken Patty**

**30**

WG Bun  
Rice Pilaf  
California Blend Veggies  
Fruit Choice

**Lasagna Roll Ups**

**31**

Garlic Bread  
Peas  
Fruit Choice

**Lunch Notes:** All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light if available. Milks are low fat or fat free. Fresh and/or canned fruits are available every day. Fresh veggie bar available every day. Meals are free for students ONLY if they take the required components. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices. MCW is an equal opportunity employer.





# JANUARY 2025

## Martin County West Sherburn Elementary

Menu is subject to change  
without notice. Sorry for  
any inconvenience

Monday

Tuesday

Wednesday

Thursday

Friday

\*High School  
\*\*Elementary  
# new item

**Orange Chicken** 6  
Fried Rice  
Stir Fry Veggies  
Mandarin Oranges

**Bosco Sticks** 13  
Dipping Sauce  
Green Beans  
Fruit Choice

**Popcorn Chicken** 20  
Mashed Potatoes  
Country Gravy  
Corn  
Fruit Choice  
Dinner Roll

**Pizza** 27  
Green Beans  
Fruit Choice

**Hamburger/Bun** 7  
Oven Fries  
Cooked Carrots  
Fruit Choice

**Grilled Chicken** 14  
BP Biscuits  
Mashed Potatoes  
Peas  
Fruit Choice

**Grilled Cheese** 21  
Tomato Soup  
California Blend  
Fruit Choice

**#Chicken Teriyaki** 28  
Noodles  
Steamed Broccoli  
Fruit Choice

**No School** 1

**Cheese Quesadilla** 8  
Refried Beans  
Spiced Apples  
Fruit Choice

**Omelets** 15  
Cinnamon Roll  
Hash Browns  
Cooked Carrots  
Fruit Choice  
Juice Cup

**Cheeseburger** 22  
WG Bun  
Assorted Toppings  
Oven Fries  
Carrots  
Fruit Choice

**Hot Ham & Cheese** 29  
Scalloped Potatoes  
Corn  
Fruit Choice

**Corndog** 2  
Baked Beans  
Sun Chip  
Fruit Choice

**Chicken Strips** 9  
Mashed Potatoes  
Gravy  
Corn  
Fruit Choice  
Dinner Roll

**Beef Nachos** 16  
Cheese Sauce  
Assorted Toppings  
Fiesta Beans  
Fruit Choice

**Chicken Alfredo** 23  
Rotini Noodles  
Steamed Broccoli  
Bread Stick  
Fruit Choice

**Chicken Patty** 30  
WG Bun  
California Blend Veggies  
Fruit Choice

**Rotini** 3  
Spaghetti Sauce w/Meat  
Garlic Bread  
Peas  
Cheese Stick  
Fruit Choice

**Sub Sandwich** 10  
Turkey/Ham  
Assorted Topping  
Sun Chips  
Broccoli  
Fruit Choice

**Shredded Pork/Bun** 17  
Potato Wedges  
Cole Slaw  
Fruit Choice

**Hotdog/Bun** 24  
Baked Beans  
Sun Chips  
Fruit Choice  
Early Out

**Lasagna Roll Ups** 31  
Garlic Bread  
Peas  
Fruit Choice

**Lunch Notes:** All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light if available. Milks are low fat or fat free. Fresh and/or canned fruits are available every day. Fresh veggie bar available every day. Meals are free for students ONLY if they take the required components. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices. MCW is an equal opportunity employer.