



# Martin County West

*Connected to the Past, Celebrating the Present, Cultivating the Future*

## Dear Maverick Families,

Welcome to the 2023-2024 school year! As I type this, we are just finishing the day we have all of our staff back to work for training and preparation. The school buildings are buzzing with everyone getting the place ready for students to come back. I hope you and your families have enjoyed the summer and are ready to start getting back into the school routine. We are so excited to see them again!

Like every year, this year we will be very busy. In addition to all the growing, exploring, researching, studying, and learning that will be going on, the staff will be working on a few big priorities this year including curriculum and facilities. Let me tell you a little about each of these.

What is taught in each classroom, how it is taught, and the materials used to support learning are all part of a curriculum. A curriculum should be something that our teachers are regularly updated to keep up with developments in the field and the results they see among students. That update includes purchasing new materials like textbooks. MCW got new math textbooks this summer. The math teachers have been busy learning how to use them to teach the math standards, which are the concepts the state of Minnesota has determined to be the most essential for each student to learn. It's been a number of years since we got new textbooks so this is an exciting development for us.

In addition to implementing new math textbooks, our teachers will be studying the state's new plan to ensure every student learns to read. Our other

content areas like science and social studies will be studying their standards and best practice in their field as they map out when they teach which concepts.

Another big priority for us here at MCW this year is about our facilities. Our strategic plan has a goal of "designing future-ready" spaces so we have been studying our current spaces for more than a year. After much discussion, meetings to gather community input, a community-wide survey, and then more discussion, the school board has decided to hold a special election on a referendum for the funds to build a new school for all our students in preschool to grade 12. We will be spending a lot of time in the next few weeks making sure everyone has the information they need to make an educated decision at the polls.

The election will take place on November 7. Early voting opens in a few short weeks at the Central Office at Sherburn Elementary. Watch your mail for more details about what is on the ballot and where you can vote.

I am so thankful to have a great staff, wonderful students and families, and a supportive community all working to fulfill our mission to "provide an engaging education that nurtures learners who are confident critical thinkers prepared to contribute to an ever-changing world." Let's get this school year started!

In partnership for education,  
Cori Reynolds, Superintendent

### Important Dates:

- > September 4—Labor Day
- > September 5-6—Elementary Back to School Conferences
- > September 5—Classes Begin for grades 7-12
- > September 7—All grades K-12 in session
- > September 18—School Board Meeting
- > September 22—Homecoming
- > October 4—Midquarter
- > October 19-20—MEA
- > October 16—School Board Meeting
- > November 7—Election Day

### Inside this issue:

<a href="#">Jr/Sr High</a>	2
<a href="#">Trimont Elementary</a>	3
<a href="#">Sherburn Elementary</a>	4-7
<a href="#">Bus Routes</a>	8-9
<a href="#">Bus Behavior Guidelines</a>	10-11
<a href="#">Community Ed</a>	12-13
<a href="#">FFA</a>	14
<a href="#">Martin County KnowHow</a>	15
<a href="#">5th/6th Gr. Vex Robotics</a>	16
<a href="#">Medical Assistance Info.</a>	17
<a href="#">Meal Menus</a>	18-19



# MCW JR/SR High School September 2023 Newsletter

## Dates to Remember

\*First Day of School  
Grades 7-12  
September 5, 2023

\*Homecoming Week  
Sept 18 - 22, football  
game on Friday, Sept  
22nd at 7:00 p.m.

\*Mid Quarter  
October 4th

\*Parent Teacher  
Conferences at Jr/Sr  
High School  
November 16, 4p-8p

- \*2023-2024  
No School Days
- MEA - Oct 19-20
  - Early Dismissal - Nov 3
  - Fall Break - Nov 23-24
  - Teacher Workshop - Nov 27
  - Winter Break - Dec 22 - Jan 1
  - Early Dismissal - Jan 19
  - Staff Workshop - Jan 22
  - Presidents Day - Feb 19
  - Early Dismissal - Mar 27
  - Spring Break - Mar 28 - Apr 2
  - Memorial Day - May 27
  - Teacher Inservice - May 31

Hello MCW families,

The first month of school is always an exciting time, full of anticipation and expectations. There are new teachers, new classes, new friends and new challenges. It is always the goal of us all at the Jr/Sr High School to work in partnership with our students and their families. Please embrace, support and celebrate the excitement and areas for growth for our students in this upcoming school year. Happy September! ~Autumn Welcome

**Jr High School Supplies List** - Found at <https://www.martin.k12.mn.us/Page/71>

**New Counselor** - Mr. Neduzak is our new Academic Dean (School Counselor). Mr. Neduzak will be the contact for families and students when they have concerns about schedules, meeting graduation requirements and future post-secondary plans. Please don't hesitate to reach out to Mr. Neduzak with any questions or concerns.

**Student/Parent Handbook** - Found [HERE](#) on the district website. The handbook provides information on school practices and expectations. Please look it over with your student! Common handbook violations are dress code, cell phone usage and attendance. Remember:

- Students come to school to learn, it is hard to learn while listening, watching, texting or reading a cell phone.
- Students come to school to learn social practices and expectations that will apply to their future academic and employment futures. All institutions, academic and employment related have expectations for dress, technology usage and respect for others.
- Students can't learn if they are not here... Did you know that a student that is chronically absent is a risk for dropping out and students that drop out are at risk for being unemployed, having substance abuse issues, being teen parents and being involved with the law.
- Please help us at school enforce these policies for the best outcome for student learning

**Senior Chili Feed** - The Senior Chili Feed will take place this year on Friday, September 22nd at the Jr/Sr High School Cafeteria. Be sure to buy a ticket to attend from one of our senior students. All profits raised help support students attending their Senior Class Trip to Washington D. C. this spring.

**Homecoming Week** - September 18 - 22 is homecoming week. The members of the student council are actively planning events for the week including dress up days with prizes, grade-level challenges, coronation and a homecoming dance. More information to come as this week nears.

## Reminders

- Please call the school to update contact phone numbers if they change or have changed.
- If your student is absent, please call or email Molly or Lisa in the office ASAP
- If a student is sick, they must be fever free for 24 hours before returning to school.

Have a concern? Please notify the teacher first, if not resolved then notify the principal.

**Stay Informed** - The **District webpage**, <https://www.martin.k12.mn.us/> will serve as a hub for all things related to returning to school and changes in plans throughout the school year., please check in regularly for updates. Another informative connection point is our Facebook page at <https://www.facebook.com/mcwJHSHschool>  
LIKE US!



Martin County West Junior/Senior High

1.5K likes • 1.9K followers



# Trimont Elementary

September, 2023

## Dates to Remember:

**Sept. 5-6** - Back to School Conferences

**Sept. 7** - School begins K-6

**World's Finest Chocolate Fund Raiser** – Sept. 18- Oct. 2nd

**September 18-22** – MCW Homecoming week

**Oct. 19-20**- EA Break

Trimont Elementary  
School Office  
Hours 7:30am - 4:00pm.

School breakfast and lunch is available for no cost to students this year. If your child would like milk for milk break or an extra milk at lunch they will be available for purchase.



Follow us on Facebook at [MCW Trimont Elementary | Facebook](#)

Michele Baker  
Trimont Elementary  
Principal  
[michelebaker@mcwma.vericks.org](mailto:michelebaker@mcwma.vericks.org)

## Bus Safety

Appropriate behavior on the bus is an important part of the school day for many of our students. The ride to and from school can have a big effect on a child's ability to focus during the school day.

Transportation to and from school is a privilege, therefore students are expected to follow the behavioral expectations on the bus.

Remember to:

- Follow driver directions and obey all laws and safety rules
- Place trash in receptacles
- Use positive tone, volume and language while on the bus
- Stay in your seat facing forward, keeping hands & feet to self
- Report suspicious/dangerous behavior and acts of bullying
- Be on Time

## World's Finest Chocolate Bars Fundraiser

In support of the student activities funds for Trimont and Sherburn Elementary Schools we will be selling chocolate bars EARLY this fall. Student Activities funds pay for field trips, positive building-wide student experiences, parent-student classroom activities, events & speakers (for students), field day awards & activities and more. If you have a local business and would like to purchase a whole box to share or sell in your business, please feel free to reach out to a student seller or a building office staff.



## Picture Day

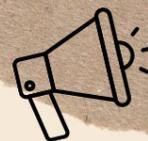
Trimont Elementary school picture day is scheduled for Friday, October 22nd. We will be working with Jostens again this year and the ordering process will be online. More information will be shared with families as we get closer to this date.

## Back to School Conferences

MCW will be hosting K-6 conferences September 5<sup>th</sup> and 6<sup>th</sup>. Parents will need to sign up for a time to meet with their child's teacher. These 20 minute conferences will give parents and students the opportunity to meet with their teacher prior to the start of the school year. Back to School conferences are an important part of starting the year off on a positive note and are a great opportunity to get students ready for learning.

## Student Pick-up and Drop-off Zones "Safety is Everyone's Responsibility"

The parking lot and surrounding areas at Trimont Elementary can be a very busy place, especially during pick-up and drop-off times. With the higher levels of traffic comes an increased level of safety concerns. Please plan on taking extra time when near the school and put mobile devices away. The safety of our students is our top priority.



# Sherburn Elementary

## September Newsletter



1.

### Conferences - schedule with Carolyn

September 5th - 12pm to 8pm

September 6th - 8am - 12pm

Take advantage of conference time to interact with your child's teacher. Not only is this a great opportunity for students to become acquainted with their teacher and classroom, it also provides a time for the sharing of important information that will benefit your child's successes in this upcoming school year.

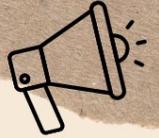
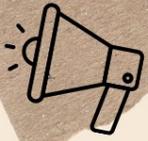


2.

### Back to School Supplies List Link

<https://www.martin.k12.mn.us/Page/71>





## Student Pick-up and Drop-off Zones

### "Safety is Everyone's Responsibility"

3.

The parking lot and surrounding areas at Sherburn Elementary can be a very busy place. (Parents and buses dropping off students, students and staff walking into school...etc.) With the higher levels of traffic comes an increased level of concern pertaining to safety. Students don't always look before crossing the road and we need to take every precaution for the safety of all children. Please plan on taking extra time when near the school and put mobile devices away. Distracted driving is one of the leading causes of pedestrian/vehicle accidents.

### Busing of Students

4.

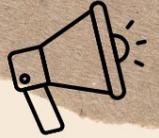
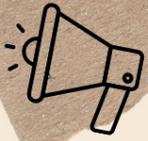
Support staff will be on duty beginning the first day of school and daily there-after at the Sherburn Elementary School site. Bus schedules will be posted at the school site when completed. Please call, if questions arise as to times of pick-up/drop-off of students.



5.

### School absences/tardies

Remember to call the school when your child is going to be absent, needs to leave school early, or will be late to school. It is very important that we keep accurate records of attendance.



## School Pay

6. SchoolPay is the safest and easiest way to electronically pay for school-related fees. Eliminate last minute check-writing hassles and lost cash. SchoolPay allows parents to pay for items across many school departments and school non-profits from a unified checkout. This is a great way to pay for lunch fees and any other fees accrued at school. Click on the link to set up an account.

<https://www.martin.k12.mn.us/site/Default.aspx?PageID=91>



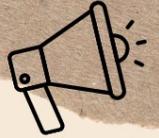
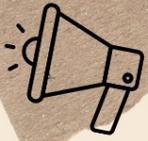
## Candy Bar Sales

7. Sales will run from September 18 to October 9. More info to come!



## Stay Informed

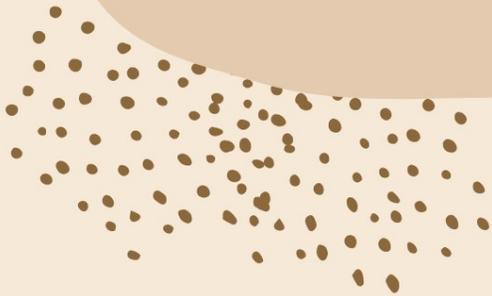
8. The District webpage, <https://www.martin.k12.mn.us/> will serve as a hub for all things related to returning to school and changes in plans throughout the school year, please check in regularly for updates. Another informative connection point is our Facebook page at <https://www.facebook.com/sherburnelementary> LIKE US!



## Upcoming Events

9.

- Parent Teacher Conferences - September 5-6th
- 1st Day of School K-6 - September 7th
- Homecoming Week - September 18th-22nd - Watch for information from students' teachers regarding dress up days, parade and pep fest
- Candy Bar Sales - Sales will run from September 18 to October 9



## Principal Contact Information



Nickole Bowie  
[nickolebowie@mcwmavericks.org](mailto:nickolebowie@mcwmavericks.org)  
507-764-4461



# September



## BUS ROUTES

### Bus #2 – Rhonda Quinn

David Mulder (Marek, Fiona, Leif)	6:50
Brian Rode (August, Ksenia)	6:54
Krystal Stover (Legend)	6:55
Enid Whitehead (Levi)	7:01
Fairmont Mall	7:16
W 3rd ST. & Lake Ave	7:20
Bachenberg (Anna)	7:26
Stauffer (Brock)	7:30
Schafer Shore Dr,	7:39
304 E. First St. Sher.	7:41
Mary Broslma Daycare	7:44
Sherburn School	

### Bus #5 – Greg Wohlhuter

Colton Hilgendorf	6:57
House-Wes Anderson	7:01
Jay Striemer (Gabriel, Clare, Jonah)	7:05
Fox (Charlotte)	7:08
Paul Hein (Savannah, Stella)	7:14
Tony Fuhrmeister (Preston, Maverick)	7:17
Emmytt	7:19
Green Acres	7:20
Dugan and 5th	7:21
Becker Daycare	7:23
Weaver & Dugan	7:28
Winter	7:29
Brian Coulter (Ben, Kyle)	7:34
Brunner Golf Course	7:39
Kyle Koerselman (Cody, Callie, Chloe, Cooper)	7:45
Sherburn School	

### Bus #6 – David Jones

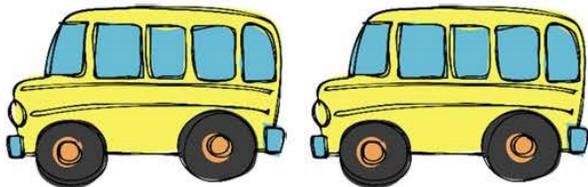
Shane Borntrager (Raelyn, Silas PM)	PM
Randy Martin (Josh)	6:55
Troy Olson (Vivian)	7:00
Brandts/Saxen	7:02
Brooks Rohman (Ida, Stella, Oliver, Metja, Harold)	7:04
Cory Andersen (Kylan, Colsan, Keatan)	7:07
Eric Neilsen (Brooklyn, Jaxon)	7:09
Dugan and 4th	7:14
St. Paul's Church	7:16
2nd & Harrison	7:19
Richard Koons (Jerome, Levi, Ella)	7:23
Mike Kleinschmidt (Cooper)	7:25
Nichole Taylor (Madison)	7:26
Cameron Karnlitz (Nolan, Marcella)	7:29
Duane Engebretson (Layla, Alexandria, Kimberly, River, Prentice, Sawyer)	7:35
Stacie Lubben Daycare	7:49
School	7:50

### Bus #7 – Terry Prom

Fett/McInemey (Lynnie, Mason)	6:45
Trontvet (Daniel, Jacob, Carter)	6:48
Dorschner (Lila, Max)	6:52
Shover (Carter)	6:53
Thompson (Owen)	6:54
Tad Engstrom (Isaac, Merrick)	6:56
Meyer (Isaac)	7:00
Tifft (Cael, Keera, Kynlee)	7:05
Hobbs (Rab, Juni, Crew)	7:08
Dunnell Park (Helmets)	7:12
Kennedy (Lincoln, Skyler)	7:14
Johnston (Chyanne)	7:21
Forsberg (Ryelynn, Lixon, Lincoln)	7:24
Chis Paris (Nathan)	7:29
Peters (Elliana, Lillian, Everly)	7:31
Roben (Josh, Cooper, Ruby)	7:33
Hansen (Gracin, Elayna)	7:36
Johnson (Matthew)	7:38
Ross (Ron)	7:41
Jewison (Tavoe)	7:44
Sinn (Corbyn)	7:45
Meixell (Noah, Eli, Maxton)	7:45
Muller (Kelso, Bentley, Abel)	7:47
Clark (Jacob, Hayley, Allison, William)	7:49
Kyle Engstrom (Jaxson, Preston)	7:51
Trisha Bliesmer Day Care	7:51
Faber Swanson Drive	7:52
High School	7:53
Elementary	7:54

### Bus #9 – Joe Neppi

Lana Jurs (Slias, Slayter)	6:55
Cynthia Thompson (Harold, Charles)	7:00
Adam Poppe (Tyler)	7:03
Ceylon Fire Hall	7:10
Nicole Kolbe (Nathan, Brennan, James, Franklin, Desiree)	7:13
Dustin Schultze (Adreyana, Alexa, Ayden)	7:15
David Jensen (Kaiden)	7:18
Lucas Miller (Allyson)	7:20
Peter Hartwig (Paige, Morgan, Callen)	7:25
Brandon Carlson (Marley, Jackson, Kona)	7:30
Sarah Hough (Oliver, Josephine, Arley)	7:32
David Anderson (Jersey, Stella)	7:35
Catholic Church	7:40
Amborn Lumber	7:45
High School	7:48
Sherburn Elementary	7:50
Trimont Elementary (shuttle)	8:00
Sherburn Elementary (shuttle)	8:15
Dean Weiss (Miley)	PM
Randy Nelson (Taylor Hughes)	PM
Chad Curtis (Luke, Evelyn)	PM
Jen Clow (Sydney, Huxley, Vayda)	PM



## BUS ROUTES

### Bus #2 – David Weiss

Tasha Palmentera (Ian, Kade)	6:50
Ben Scholl (Barett, Bryce, Blakeley)	6:52
Paul Dietzman (Camden)	6:54
Travis Swanson (Alsada, Kate)	6:57
Stephanie Paradis (Wolfgang, Brahm)	6:58
Bruce Anderson (Courtney, Tanner)	7:00
Bridget Geiger (Avery, Bronx)	7:01
Jeff Scholl (Huxton, Bria)	7:02
Luke Olson (Isaac, Jeremiah, Eli, Lillian)	7:03
Robert Palmentera (Izsabella)	7:05
Justin Hesby (Paityn)	7:17
Amber Singleton (Talon)	7:21
Danielle Wilmes (Jacob, Jackson, Collin)	7:31
Karla Geerdes Daycare	7:40
Lisa Fett Daycare	7:42
Texaco Corner	7:45
School	7:50

### Bus #19 – Jim Lien

AJ Krusemark (Titus, Ezekiel)	6:55
Kendall Holtz/Peterson	7:00
Draeger (Ethan)	PM
Brannon Paplow (Torrey)	7:04
Shane Kuehl (Easton)	7:07
Ryan Faber (Braelyn, Branton, Braxton, Bryton)	7:11
Allison Sandberg (Levi)	7:19
Sara Swanson (Milo, Oliver)	7:20
Lauralynn Baarson (Rhilynn, Kaleb)	7:22
MacMaster (Dezirac)	7:23
Gyger (Liam)	7:28
Regan Olson (Vivian, Inga, Amelia, Agnes)	7:35
Tiah Badger (Riley)	7:40
Wendy White (Beckett, Ramsey, Jensyn)	7:43
School	7:50

### Announcements

- Routes are subject to change
- If your child will NOT be riding the bus in the mornings, please call one of the bus garage numbers between 6:20 a.m. – 6:45 a.m.
- Please contact the bus garage or your child's school if they are not listed or if they will not be riding the bus
- If you have a kindergartener entering school this fall, please take some time and go through the home training lesson included in this newsletter. It is important that your child learns how to be safe around and on the bus.
- Please read through the Martin County West Bus Behavior Policy (included in this newsletter) with your child(ren). This policy not only pertains to those students that ride a morning and afternoon route but to all Martin County West students whenever they are on a bus.
- **Sherburn Bus Garage: 507-764-6731**  
**Trimont Bus Garage: 507-639-9361**  
**Welcome Bus Garage: 507-728-8969**



## MARTIN COUNTY WEST SCHOOL BUS BEHAVIOR

Most behavior on the bus can be controlled by the bus driver. If a reprimand by the driver is not sufficient, the driver will contact the Safety Supervisor or if the behavior is serious in nature, substantially affects safety, or is persistent, the driver will contact the building principal. Each referral to the safety supervisor or building principal may result in one or more of the following:

- 1) Parent contact.
- 2) Assigned seats may be given to said student or all students.
- 3) Removal of riding privileges.
- 4) Legal action taken, State Safety Department contacted, and possible expulsion from school.

Continued behavior problems on the bus will extend the length of the loss of riding privileges.

Rules at the bus stop:

- a) Get to your bus stop five minutes before your scheduled pick up time. The school bus driver will not wait for late students.
- b) Respect the property of others while waiting at your bus stop.
- c) Keep your arms, legs and belongings to yourself.
- d) Use appropriate language.
- e) Stay away from the street, road or highway when waiting for the bus.
- f) Wait until the bus stops before approaching the bus.
- g) After getting off the bus, move away from the bus.
- h) If you must cross the street, always cross in front of the bus where the driver can see you. Wait for the driver to signal to you before crossing the street.
- i) No fighting, harassment, intimidation or horseplay.
- j) No use of alcohol, tobacco or drugs.

The following rules on the bus, in addition to other reasonable expectations of drivers, will be enforced:

- a) Immediately follow the directions of the driver.
- b) Sit in your seat facing forward.
- c) Talk quietly and use appropriate language.
- d) Keep all parts of your body inside the bus.
- e) Keep your arms, legs and belongings to yourself.
- f) No fighting, harassment, intimidation or horseplay.
- g) Do not throw any object.
- h) No use of alcohol, tobacco, or drugs.
- i) Do not bring any weapons or dangerous objects on the school bus.
- j) Do not damage the school bus – students will pay for any damage to the bus.
- k) Students will not eat or drink on bus without bus driver permission.
- l) No sunflower seeds will be allowed on buses.
- m) Students will not litter.
- n) Students will listen to driver in an emergency.
- o) Music on the bus will be at the discretion of the driver.

## **KINDERGARTEN SCHOOL BUS SAFETY HOME TRAINING LESSON**

The 1994 School Bus Safety Legislation provides for school bus safety education to be taught in schools during the first week of school. The law also suggests that kindergarteners receive school bus safety training before they come to school the first day. The teacher who gives a child the most education over their whole life is his or her parent. We are asking that you teach your child about school bus safety. It is important; this information will help you explain to your child how to be safe around and on the bus. Spend some time with your child on these points. Explain the reasons why they are important, and go over them again three or four times on different nights so that your kindergartener will be a safe bus rider when school starts. Thank you.

### **Kindergarten Bus Safety Guidelines**

1. Be ready for the bus at the scheduled time. (A concern is that bus riders who are late to stops often don't act safely, and so are in more danger than if they were ready on time.)
2. Wait until bus is stopped to move toward the bus and get on. (Often students get anxious to get on the bus as it arrives, so they run forward while the bus is still moving. This is dangerous because a student could slip and fall in front of the bus.)
3. After getting on the bus, go to a seat, sit down and stay in it. (Law requires that students be seated while a bus is moving. If a student is standing when the bus is moving, he or she may get knocked down or around by the movement of the bus. This could cause injury.)
4. Behave on the bus, don't make a lot of noise, it could distract the driver.
5. Do what the driver tells you to do.
6. Make sure that you get on the right bus – know your home bus number.
7. Be ready to get off the bus when it gets near your stop, but don't get up until the bus stops at your stop.
8. After getting off of the bus, walk away from the bus. Don't stay near it. If you have to cross the street, go at least 10 big steps in front of the bus, and wait until the driver waves for you to cross the street. **NEVER GO BACK TO THE BUS AFTER YOU GET OFF OF IT. IF YOU DROP SOMETHING, WAIT UNTIL THE BUS IS GONE, AND THEN GET YOUR MOM OR DAD TO GO WITH YOU TO GET IT.** (This is the most important instruction on this page. According to statistics, this is the area where most student fatalities occur. The three key points are to:
  - go 10 big steps in front of the bus
  - wait until the driver tells you to cross
  - never go back to the bus.

If your kindergartener doesn't have to cross still take time on these points, because the route may change with new riders or next year.

---

Martin County West

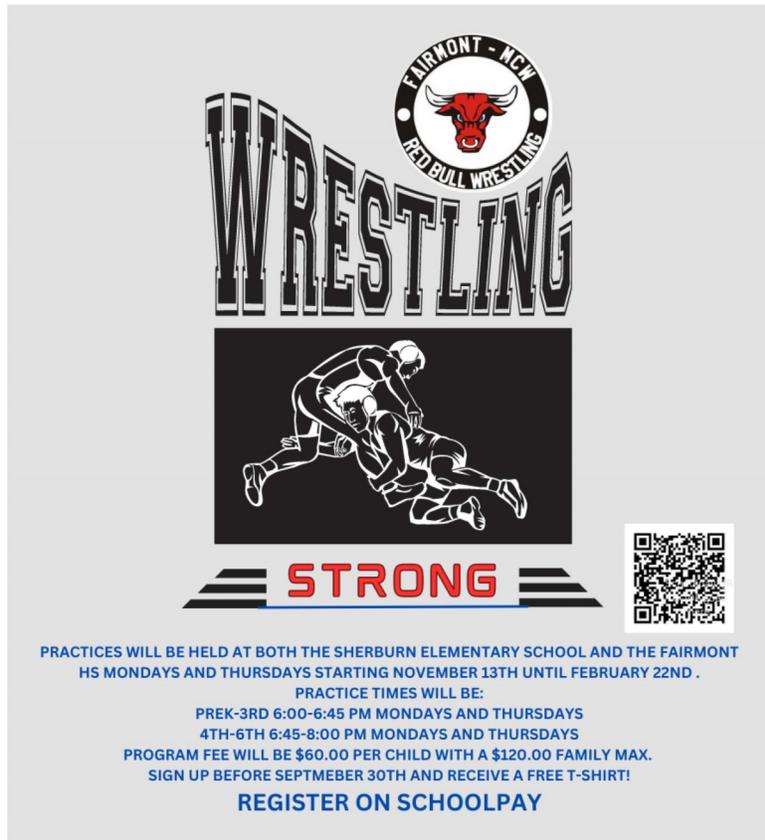
---

# Community Ed & Rec

---

September 2023

---



**WRESTLING**

**STRONG**

PRACTICES WILL BE HELD AT BOTH THE SHERBURN ELEMENTARY SCHOOL AND THE FAIRMONT HS MONDAYS AND THURSDAYS STARTING NOVEMBER 13TH UNTIL FEBRUARY 22ND .  
PRACTICE TIMES WILL BE:  
PREK-3RD 6:00-6:45 PM MONDAYS AND THURSDAYS  
4TH-6TH 6:45-8:00 PM MONDAYS AND THURSDAYS  
PROGRAM FEE WILL BE \$60.00 PER CHILD WITH A \$120.00 FAMILY MAX.  
SIGN UP BEFORE SEPTMEBER 30TH AND RECEIVE A FREE T-SHIRT!  
**REGISTER ON SCHOOLPAY**

---

## Driver Discount Scheduled

St. Cloud State University will be offering the Driver Discount Program on October 16, 2023 at the Sherburn High School. This program is designed to meet the insurance discount program of 10% off your insurance premium for drivers over 55 for 3 years.

The class will be held from 5 PM to 9 PM in the Foods Room, Please register for the class at [www.driversdiscountprogram.com](http://www.driversdiscountprogram.com) Programming fee payable on line is \$24.00 per participant. Learn about new highway features like "J-Turns" and refresh on how to use a "traffic circle". Instructor gives insight into safe driving conditions and how your health can affect your driving.



---

# Coming up...

---

## Home Coming Cheer Camp

MCW CER will be hosting Homecoming Cheer Camp! We are so excited to offer this program for the Homecoming Game. Cheerleaders will practice on September 19 from 3:30 to 5:30 at the Sherburn Elementary School. Shuttle is available from Trimont to Sherburn.

On Friday, September 22, students will meet at the Sherburn Elementary School and join in the parade! Students will return home as usual after school. There will be practice again Friday, 5:00 - 6:00 PM with a pizza supper to follow.

Cheerleaders will take to the stands at 6:30 and to the football field during halftime!

Students will return to parental supervision following the halftime show!

Program fee: \$35.00 Register on SchoolPay.



**FOOTBALL CHEER CAMP**

**FRIDAY 9/22 CHEER IN THE PARADE & HOMECOMING GAME**

Students will arrive at Sherburn Elementary and gather for the parade walking. They will leave school as usual. Arrive back to the High School at 5:00 for rehearsal, pizza supper and at 6:30 head to the stands. Cheer on the field during half-time. After half-time, students will return to their parent.

T-SHIRT PROVIDED. WEAR BLACK SHORTS OR PANTS AND TENNIS SHOES

**\$35**

**PRACTICE: THURSDAY 9/14 3:30 - 5:30**  
MCW Sherburn Elementary Gym



**MAVERICK DANCE**

**STARTS SEPTMEBER 13**  
**PREK - K: 3:30-4:15**  
**1ST - 3RD GRADE: 4:30-5:15**  
**4TH - 6TH GRADE: 5:30-6:15**



## Maverick Dance

Maverick Dance is set to start on September 13, 2023. Class times are offered for our Preschool through 6th grade students on Wednesday's through April 2024! Program fee of \$360 will be payable in two payments of \$155.00 on SchoolPay due by September 11 and December 11. Scholarships are available for those who qualify. Our dance program is also looking for dance assistants. If you have a period of time available on Wednesday afternoon/evening, get in touch with the CER office!

## Preschool

Parent Aware 4-Star Preschool programming begins on Monday, September 11 for our 4 year old students and Wednesday, September 13 for our 3 year old students. Please check your email you registered with for information. It seems the mail has been delayed and some people have not gotten the class letter. If you have additional questions, please contact the CER office at 507-764-2336.



# MCW FFA and Ag Department

---

## Back to School Reminders!

As we begin the 2023-24 school year, here are a few reminders to get the FFA year kicked off!

- Pay FFA dues to the Jr/Sr High office OR on School Pay - dues are \$22 for high school members and \$15 for junior high members. Checks may be made out to MCW FFA.
- Have your FFA member complete our membership sign-up form. The link may be found in their FFA google classroom. There are also QR codes in the hallway by Mrs. Wohlhuter's door that students can scan to get to the form.
- If your FFA member is not in the FFA Google Classroom, please contact Mrs. Wohlhuter at [stephaniewohlhuter@mcwmavericks.org](mailto:stephaniewohlhuter@mcwmavericks.org)

## FFA on Social Media

If you are looking for information on upcoming events, or would like to be able to access pictures from recent events, please follow MCW on the following social media accounts:

- Facebook - Martin County West FFA Chapter
- Instagram handle - martincountywestffa

## Upcoming Fall Events

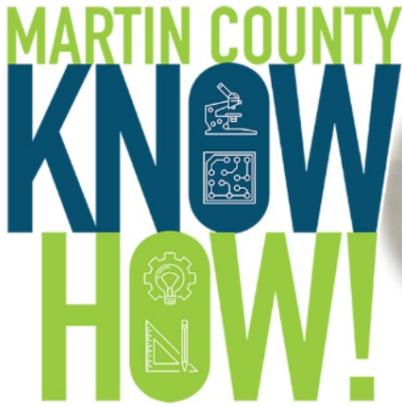
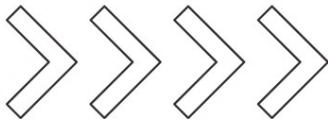
September 18th - Kickball Night - more details to come!

Fruit Sales - MCW FFA will be hosting their fall fruit sales fundraiser in October. The fruit will be delivered the Monday after Thanksgiving.

Corn Drive - the corn drive will occur in late September/early October, depending on how harvest goes this fall. Look for more details in the coming month!

## 2023-24 Officer Team





## What are we?

As a subcommittee of Project 1590, Martin County KnowHow! exists to encourage the exploration & application of science, technology, engineering, and mathematics by students of all ages across Martin County, Minnesota.

Our goal is to host regular STEM-related activities – such as robotics competitions, themed mini-camps, STEM summer camps, etc. – for all different age groups in locations all over Martin County.

We're excited about science, technology, engineering, mathematics... and the future of our area students!

## What to watch for?

- 5th and 6th grade robotics (Fall 2023)
- 3rd and 4th grade robotics (Spring 2024)
- 3-D printing camp over Winter Break
- Sign ups for Summer 2024 STEM camps



## Where to go for more info?

website: <https://www.mcknow.how/>

Facebook- Like our page for updates!-  
Martin County KnowHow

<https://www.facebook.com/McKnowHow/>  
Instagram- mcknowhow

## Come and join the fun!





**Experience Building a Robot  
&  
Compete in a local VEX IQ Competition**

What is this?

Teams of students will work together to create a robot using VEX IQ components. These kits have been provided through grants and donations to the group Martin County Know How. Students participating will build a robot and learn to drive and complete specific tasks with it. These tasks will help the MCW teams earn points at the competitions.

Who can participate?

Students in grades 5-6 are able to participate on an MCW team. Space is limited and will be filled first come, first served, so please return this form with your information by **September 15, 2023** to the office or sign up on SchoolPay using this link: <https://schoolpay.com/pay/for/VEX-IQ-Robotics-Program/ScpmGE2> or the QR code found on this sheet.



When?

Students will compete on **December 9 at the Truman School**. Robot building and practice is determined by the coach. It is typically once per week, or every other week depending on the length of time at each practice. Volunteer coaches are needed for this free event! We appreciate your help!]

If you would like to see what these events look like, please check out Martin County Know How on Facebook for videos and clips, or check out the webpage: [www.mcknow.how](http://www.mcknow.how).

Please fill out the following information for your student.

PLEASE PRINT NEATLY

Name: \_\_\_\_\_ Teacher & Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Willing to help coach? \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email:

If you have any questions, please contact Nickole Bowie at CER, [nickolebowie@mcwmavericks.org](mailto:nickolebowie@mcwmavericks.org), or Sarah Jagodzinske Rohman, [sarahrohman@mcwmavericks.org](mailto:sarahrohman@mcwmavericks.org)

# Have Medicaid? Take 3 Steps to Keep Your Coverage.



1

## UPDATE YOUR INFO

Make sure Medicaid has your current contact information.

Visit

[mn.gov/dhs/mycontactinfo](https://mn.gov/dhs/mycontactinfo)

or call (800) 657-3672.

2

## LOOK OUT

Check for official information (mail and text messages) with instructions on when and how to renew coverage.

3

## REPLY ASAP

Respond right away with updated info to ensure you and your family are still eligible.

Learn more at

[mn.gov/dhs/renewmycoverage](https://mn.gov/dhs/renewmycoverage).

## NO LONGER QUALIFY FOR MEDICAID?

### Children:

Most kids can still be covered through the Children's Health Insurance Program / **Medical Assistance**. For details, check your Medicaid notice or call **800-657-3739** for more information.

### Adults:

Adults may be able to get financial assistance to pay for a health insurance plan through **MNSure**. Visit [www.mnsure.org](https://www.mnsure.org) or call **855-366-7873** to apply.

**Questions? Call (800) 657-3672**



American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



No School

1

No School

4

**Breakfast Pizza**

5

Fruit Choice  
Juice Choice  
Milk

**Cinnamon Roll**

6

Fruit Choice  
Juice Choice  
Milk

**French Toast Sticks**

7

Fruit Choice  
Juice Choice  
Milk

**Strawberry Cream Cheese Bagel**

8

Fruit Choice  
Juice Choice  
Milk

**Cereal**

11

Fruit Choice  
Juice Choice  
Milk

**Biscuits/Gravy**

12

Fruit Choice  
Juice Choice  
Milk

**Scrambled Eggs/Toast**

13

Fruit Choice  
Juice Choice  
Milk

**Pancakes**

14

Fruit Choice  
Juice Choice  
Milk

**Fruit/Yogurt Granola/UBR**

15

Fruit Choice  
Juice Choice  
Milk

**Cereal**

18

Fruit Choice  
Juice Choice  
Milk

**Breakfast Sandwich**

19

Fruit Choice  
Juice Choice  
Milk

**Assorted Muffins**

20

Fruit Choice  
Juice Choice  
Milk

**Pancake on a Stick**

21

Fruit Choice  
Juice Choice  
Milk

**Breakfast Pizza**

22

Fruit Choice  
Juice Choice  
Milk

**Cereal**

25

Fruit Choice  
Juice Choice  
Milk

**Raised Donuts**

26

Fruit Choice  
Juice Choice  
Milk

**Waffles**

27

Fruit Choice  
Juice Choice  
Milk

**Cheesy Omelet/Toast**

28

Fruit Choice  
Juice Choice  
Milk

**Banana Bread**

29

Fruit Choice  
Juice Choice  
Milk

Breakfast is free to all students if they take the required items. Breakfast include choice of fruits/veggies, meat/ meat alternates, grain, & milk. Must choose 3 items, one being fruit or veggie, to count as a complete breakfast. Grains are at least 51% whole grain. Milk is low-fat or fat free plain or fat free flavored. Fresh and canned fruits and 100% fruit juices are offered every day. Cold cereal is offered every day.

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

\*Elementary  
\*\*High School


**No School**
**4**
**Hamburger/WG Bun**
**5**

Cheese, Tomato, Onion, Lettuce  
Oven Fries  
Steamed Broccoli  
Fruit Choice

**Pork or Chicken Nachos**
**6**

Chips/Cheese  
Assorted Toppings  
Cole Slaw  
Fruit Choice

**Hot Dog/WG Bun**
**7**

Baked Beans  
Snack Cracker  
Baked Apples

**No School**
**1**
**Pizza**
**8**

Green Beans  
Potato Salad  
Sliced Pears

**Bosco Sticks**
**11**

Dipping Sauce  
California Blend Veggies  
Fruit Choice

**Chicken Patty/WG Bun**
**12**

Pasta Salad  
Cooked Carrots  
Fruit Choice

**Walking Taco**
**13**

Seasoned Beef  
Assorted Topping  
Fiesta Beans  
Fruit Choice

**Chicken Strips**
**14**

Mashed Potatoes  
Corn  
Fruit Choice  
Dinner Roll

**Rotini**
**15**

Italian Meat Sauce  
Steamed Broccoli  
Garlic Toast  
Fruit Choice

**Orange Chicken**
**18**

Fried Rice  
Stir Fry Veggies  
Mandarin Oranges

**Hot Ham & Cheese Sandwich**
**19**

Scalloped Potatoes  
Carrots  
Fruit Choice

**Cheese Quesadilla**
**20**

Refried Beans  
Spanish Rice  
Steamed Broccoli  
Fruit Choice

**Turkey/ Ham Sub**
**21**

Lettuce, Cheese, Tomato, Onion  
Oven Fries  
Fruit Choice

**Hamburger/WG Bun**
**22**

Cheese, Tomato, Onion, Lettuce  
\*\*Potato Salad  
Carrots/Broccoli Bites  
Fruit Choice

**Chicken Alfredo**
**25**

Steamed Broccoli  
Bread Stick  
Fruit Choice

**Corn Dog**
**26**

Baked Beans  
Sun Chip  
Fruit Choice

**Pulled Pork/WG Bun**
**27**

SP Fries  
Cole Slaw  
Fruit Choice

**Grilled Cheese Sandwich**
**28**

Tomato Soup  
Peas  
Fruit Choice

**Popcorn Chicken**
**29**

Mashed Potatoes  
Corn  
Fruit Choice  
Dinner Roll

**Lunch Notes:** All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light. Milks are low fat or fat free. Fresh and canned fruits are available every day. Meals are free for students ONLY if they take the required components. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices.